



Gluten-Free Rainbow

Playdough Recipe

You will need:

150g gluten-free white flour or gluten-free bread flour

300ml water

75g salt

2 tbsp cream of tartar

1 tbsp sunflower oil

Food colouring (colours of the rainbow)

Glitter

Natural scents as follows:

Scent

Strawberry flavouring or cinnamon (red)

Lemon (yellow)

Rose water (pink)

Orange or gingerbread (orange)

Herbs e.g. thyme, rosemary (green)

Lavender (purple)

Blueberry juice (blue)

Method

1. Mix together the flour, salt and cream of tartar.
2. Add the water and place into the microwave.
3. Cook on full power for 3 minutes.
4. Add the oil.
5. Cook for a further minute.
6. Remove from the microwave and add the food colouring.
7. Knead well, then add the glitter to make it sparkle!
8. Add natural scents to each colour as desired.
9. Store in an airtight container.



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