

# Sports News



Sports day this year took place on Wednesday 12th July. We were extremely lucky as the weather was on our side and the sun was out for most of the day. Students had the opportunity to experience many different sports and worked on a carousel, moving around different activities throughout the day. This year we were able to hire a set of inflatables, a dance instructor and a boxing coach thanks to a very kind donation from 'Smile for Life Children's Charity'. Students were able to try many other activities during the day including Karate, judo, table cricket, sensory rounders, table tennis,

Tac Pac and swimming. All the students had a fantastic time and really enjoyed improving their sport and team work skills in such a fun environment.



"I really enjoyed boxing with Tom. We had to wear boxing gloves. Tom had pads on his hand and I had to punch the pads really hard. Me and Tom changed round and he punched my pads. I got really hot when I was punching and my hands were shaking." - **Cameron 10G**



"On sports day I liked all the activities that I did but my favourite was running through the inflatable maze. Me and my friend Terry were being chased by our other friend Tom. We had to keep running around until he found us." - **Stephen 7Bk**



"I liked the Sumo wrestling. I had to wear a big Sumo suit and it was a bit hard to move. The idea is you have to get the other player out of the ring by pushing them off. My other favourite bit of the day was the inflatable tug of war." - **Daniel 7Bk**

"In karate we had to do a front kick to hit the pad. You had to keep your arms up in defence. I wore my own karate suit because I have started to go to a club near my house." - **Dylan 9B**



Thanks to Smile for Life for helping to fund our sports day and making it extra special.  
Advert by Kierian 9P



# School News



Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk

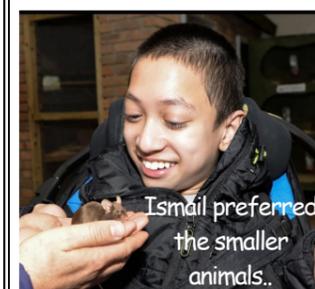


Brave Emily stroked the spinx

## Whitehouse Farm Fun Day

Thanks to Variety Children's Charity ten students were nominated to go along to a fun day at Whitehouse Farm in Morpeth sponsored by the charity.

When we got to the farm we had a health and safety talk from our guide for the day, Gemma. She showed us how to wash our hands properly after you have touched any animals. We had to remember to 'squirt, squirt the soap and wash,



Ismail preferred the smaller animals..

wash, wash our hands and count to ten. The first animals we met were rabbits and mice. The rabbits were soft and cuddly but I didn't want to hold the mice because they were tiny. Next, Gemma brought out a lizard for us to stroke, we had to remember

to only stroke him down his back and not back up because lizards don't like you to do that. He felt cool and smooth. There were other animals in the barn like chipmunks, rats and guinea pigs as well as a massive yellow and white snake that Gemma said was 10ft long! After this we time in the park and on the go-carts. When it was lunchtime, we went to eat in a barn and met some friends from Hadrian school. In the afternoon, we went on a very bumpy tractor and trailer ride and had the chance to feed the large animals. First the goats, who were very hungry and ate lots of grain then the alpacas who had great big eyes. The donkey had a soft nose and liked to let you stroke them. Ismail didn't like the donkey because it did a loud 'eeyore' right next to him and made him jump. He didn't like the goats either because one tried to nibble his shoe!

- **Richard 9B**



## LIONS OF ZULULAND

On Friday 2nd June we welcomed our old friends 'The Lions of Zululand' into school to give us a show of traditional African music and dance. For our younger students and many of our parents, carers and friends who came along, this was their first opportunity to see the Zulu's perform.



Jack from 7B said 'I loved the Zulus when they came to school. They were brilliant dancers. When they brought out a big drum the sound was amazing.'

## GOOD LUCK MS. WARREN

We would all like wish Ms. Warren the very best of luck in her future plans for her retirement. Toriquil and Megan from year 11 decided to find out a bit about her plans as well as asking some of our regular 'nosey questions'! How long have you been a teacher at our school? *28 years, since 1989.*

Why did you want to be a teacher? To teach people and the students here teach me as well.

Why are you retiring? Because I am old and tired. What are you going to do instead of coming to school? Sleep!

What's your favourite snack? Salt and Vinegar Pringles. What's your favourite football team? Newcastle, of course then West Ham second.

What's your favourite film? O Brother Where Art Thou? Who are your favourite singers? Madeline Peyroux, Bob Marley and Tracey Chapman.





Circus Starr is a not-for-profit organisation which supports local businesses and local children's charities through a

75 venue tour hosted three times a year. Circus Starr operates a unique Donated Ticket Programme that allows thousands of children to attend free shows thanks to the generous support of local businesses who, in turn, enjoy the opportunity to 'give back' to their communities.



The fantastic acrobats

One Thursday night the sixth form went to see Circus Starr at Blydon Rugby Club. We had pizza and garlic bread for our tea in the school then set off. The traffic was crazy trying to get there in time! When

we pulled up to the blue and yellow Big Top, it looked massive. We went in and we had just missed the start of the performance but they had kept seats for us. There

were some fantastic acts there that night. The girl acrobats



were good when they did 'Let it Go' from Frozen and one of them went right up in a big ball and I thought 'she's going to fall' but she never. Some of my friends got popcorn and candy floss at half time but I had took my own sweets that I bought earlier when I went shopping on my Walker Tech. sixth form link day. After that one of the clowns came on again, she was a lady clown called Andreea. She got some of the audience up and made them dress up and do actions from a Star Wars movie. It was class! My favorite bit was the African acrobats who did the 'Lion Kings Circle of Life.' They did a human pyramid, loads of backward flips and handstands over a fast skipping rope. All in all I would give them a 10 out of 10.

Ryan 6M

### Our Day Out

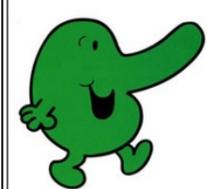


Team Work!

Yesterday I went to 'Starbowl' in North Shields for 11A's last fun day out because we will be moving on to sixth form in September. Rosie drove the minibus and she did a good job of that. On the way there we spotted lot's of American racing cars and scooters coming off a big ferry. I took a picture of them on my phone. When we got to the bowling alley we split into two teams, girls against boys. Josh got the biggest score after he knocked all of the skittles down to get a strike. Once we were finished bowling we went to a restaurant for our lunch. It was an Italian restaurant called Sambuccas. I ordered potato skins and a huge margarita pizza but I still had room for ice-cream. We came back to school just in time for our busses to go home.

- Aiman 11A

### Nosey Questions from Callum!



In September we will have a new Assistant Headteacher. Mr Pattel joins us from Monkwearmouth Academy and Callum, from 11A, came up with some nosey questions to find out a bit about him.

What hobbies do you have? - I like travelling, photography and walking.  
 What is your favourite food? - My favourite food is pizza.  
 What subject do you like to teach? - I like to teach PE.  
 What was your favourite subject when you were at school and why? - Technology as I like designing and making things.  
 Do you like football and what team do you support? - I like watching football but there is no particular team that I support.



### Trust Schools Visit to Pizza Express



Our friends from the Compass Trust



Chef Tom!

On Tuesday 4th July me and my class went to Pizza Express in the Metrocentre to make our very own pizzas. When we got there were students from two other schools there which were Thomas Bewick and The Bridges. The tables were set up in a big square and everyone was given an apron and chef's hat to wear. We all got a piece of dough and we were shown how to squash it and stretch it into a circle and then

how to press it into a pizza tray. Next we spread on some tomato paste and added ingredients like cheese. Our pizzas were put into the oven and they came out cooked perfectly. We brought them back to school and ate them and they tasted delicious. It was an awesome day! - Tom 7T

### Dance City

This term students in Year 7 took part in some dance city workshops where two coaches came in over four weeks working on different dance techniques and routines. The students learned about how to move their bodies in different ways to different types of music. They learned how to move creatively across the room to a slow piece of music as well as copying actions to a fast piece of music. All students showed resilience and good working together skills. The coaches asked us to pass on a Big Well Done to all students involved!



### Letter from the Head



Dear Parents & Carers,

It's hard to believe that we have reached the end of another school year. As always this term has been a busy one with lots of events in school and out. There have been day trips, residentials and picnics in school as well as the coffee morning and leavers events. With all of these exciting activities going on it can be easy to forget the everyday things that go on in school, the maths and English lessons, science experiments, cooking in food technology and life skills, the wonderful artwork students create, the sensory lessons and the swimming and rebound therapy that students take part in.

All of these are important - the 'big' events and the everyday activities and lessons. There is the same thought, planning and preparation behind every lesson and whole school event. As a school we are committed to our ethos of 'Enjoy, Learn and Achieve' and work hard to make sure that all students enjoy their time in school, have the opportunity to learn about what is important for them and to achieve the best possible outcomes. This time of year is a great opportunity to look back and remember the things we have enjoyed together as a whole school - sunshine on sports day! It is a great time to recognise achievements and our learning.

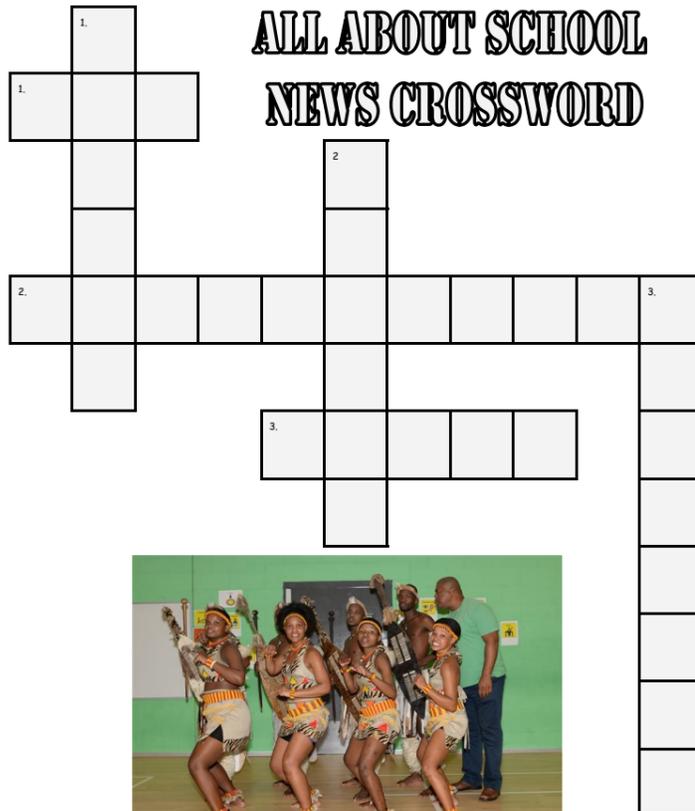
It is also often a time of change and this year is no exception. Ms Warren will be retiring at the end of this term. Ms Warren has been subject leader for English since Sir Charles Parsons opened and before that was head of English at Walkerdene School. She has been a big part of school life for so many years it is hard to think of the school without her. She will be greatly missed by staff and students and I am sure many parents too. I am sure you will join with me in wishing Ms Warren and all the students who are leaving us this year all the very best for their futures and hope that they will come back and share their adventures with us.

I hope everyone has a great summer, and comes back in September refreshed and ready to enjoy, learn and achieve!

Karen Hamilton  
Headteacher

# SCIP PUZZLE PAGE

## ALL ABOUT SCHOOL NEWS CROSSWORD



- Across**
1. He made delicious pizza?
  2. Year 11 and sixth form students had a great night here?
  3. Old friends who came to visit?
- Down**
1. Ismail didn't like this animal?
  2. Sixth form went to visit this in the blue and yellow big top?
  3. Our new assistant Headteacher?



Lara really enjoyed the photo booth at the leavers prom. Can you guess which staff she is with in the pictures?

Unscramble the letter tiles to spell the names of our student reporters!

n a g e M R d i a c h r m i A n a l a C l u m a j c k

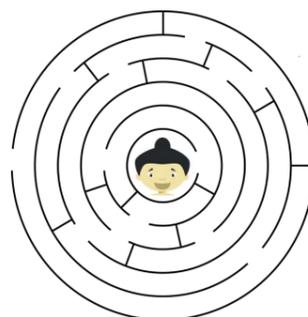
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### SCHOOL NEWS SEARCH

CAN YOU FIND THE HIDDEN WORDS CONNECTED WITH SCHOOL NEWS?

CIRCUS,  
 CRUMBLE,  
 FARM,  
 KARATE,  
 LEAVERS,  
 PIZZA,  
 RAGBIN

Can you help the Sumo Wrestler find his way out of the ring?



Puzzle page answers on page 7

## Let's get cooking Crumble-in-a-bag

Our 'Let's get Cooking after school club' have had another busy term making all kinds of healthy, delicious and tasty dishes. We thought we would share this a fun and novel way to make crumble.

### Equipment

- Tin opener
- Large metal spoon
- Ovenproof dish or foil container with lid
- Medium sized zip-sealed bag
- 15ml measuring spoon
- Baking tray
- Oven gloves

### Ingredients (serves 4)

- 400g canned fruit
- 6 x 15ml spoons wholemeal flour
- 6 x 15ml spoons plain white flour
- 6 x 15ml spoons oats
- 3 x 15ml spoons caster sugar
- 5 x 15ml spoons unsaturated fat spread



### Method

1. Use the tin opener to open the canned fruit.
2. Using the metal spoon, spoon the apple into the foil container or ovenproof dish.
3. Preheat the oven to 180°C/160°C fan or gas mark 4.
4. Open the zip seal bag and fold the top over.
5. Measure the wholemeal flour, plain flour and oats into the bag using the 15ml measuring spoon.
6. Add the caster to the bag. Zip it shut and gently shake the bag to mix the dry ingredients.
7. Reopen the bag and carefully add the spread into the bag. You may need to use the edge of the bag to help you slide the spread off the spoon.
8. Squeeze out some of the air and then zip it shut.
9. Using the rubbing-in method, use your fingertips to gently rub-in (not squeeze) the ingredients together until small lumps appear.
10. Unzip the bag and pour the crumble carefully over the fruit.
11. Place the dish on a baking tray and bake for 25-30 minutes or until the crumble topping is golden brown.

## Leavers' Prom 2017

On Friday the 14th July we had our 'Leavers Prom' at the County Hotel. The hotel is in Newcastle city centre right opposite Central Station. When we first walked in there was a red carpet for us to enter to. Then we went up the big staircase to the first floor into the 'Mozart Suite' where our prom was. The room was really big, there was lots of round tables with chairs round them. The tables were decorated with crystals and gold and silver party poppers. There was a disco with lots



Callum arrives on the red carpet

Photo booth with Farris!



of good music to get us up dancing. My favourite song that they played was Uptown Funk by Mark Ronson. The song that got us all on the dancefloor was Justin

Timberlake, Can't Stop the Feeling. We also had some professional photos taken and a photo booth which was really fun. We had a buffet halfway through the evening which was hotdog and chips, and then we had an award presentation. Everyone got a medal with a special achievement from their time at Sir Charles Parsons. Mine was for being the friendliest host.

At the end of the night everyone was up dancing to different songs, until about 10.15pm when people started to leave. I thought the night was really amazing. I think it went very well and I loved having our prom in such a special place.

- Justin 11CA



Prom King & Queen, Megan and Max