

Digging for Worms

Sensory Activity

You will need:

A large trough or buckets

Plenty of soil

Spaghetti

Brown powder paint (or make your own brown using food colouring)

Method

1. Follow the recipe to cook the spaghetti. While the spaghetti is cooking, add the food colouring/powder paint to the water to make the spaghetti change colour.
2. Strain the spaghetti from the water and allow to cool.
3. Transfer your spaghetti 'worms' into your dirt trough, ensuring some are buried for the children to discover.
4. Enjoy!

