

Sports News



North East Regional Boccia Competition

Boccia is a Paralympic sport for people with disabilities that have an impact on motor skills. Boccia is a target ball sport belonging to the same family as petanque and bowls. In September a group of students began playing Boccia for the first time and have become so good at the sport they have recently taken part in a regional competition at Cardinal Hume Catholic School in Gateshead.

"When we got to the competition I was a bit



Dan and Ghufuranullah made some new friends

nervous because I had never been before and there were some good players there. I ended up talking to some other players and

made some new friends. I enjoyed the day and learned some new skills I will use when I play from now on. - Ghufuranullah 6M



Sainsbury's Schools 500 Games

I was chosen to go and play at the Sainsbury's schools 500 games at The Parks Leisure Centre in North Shields. It involved playing football with lots of other teams from other schools. I couldn't wait to get onto the pitch and play. I played for the U16's team in goal. I felt really excited when I was asked to be team captain and when I could hear everyone cheer me on as I saved a goal. We all shook hands at the end of the game. I also got the chance to help out with a younger team and went in as their keeper. Our team won Silver medals and we were proud. - Toriquah 9W

Talent JD athletics

On Tuesday 10th March a selection of students took part in an athletics competition at Monkton Stadium in



Thomas tries out the javelin

Jarrow. This involved the students competing against other schools on the track, throwing the discus, shot, club and javelin and doing the high jump and long jump. This was an excellent day for the students where they were able to experience events that they haven't done previously. There was lots of tough competition from the other schools, but all our students performed really well and tried their best at the different events. 'A special mention goes to Lara Gallon for winning the javelin and 100m'. The events I took part in were the long jump, 100m run, the discus, the shot, the javelin and the high jump. My favourite was the high jump because I thought I did really well, I jumped over the bar without knocking it even when it was very high. I also enjoyed the javelin because the coach was daft and made us laugh. - Dylan 7B



School News

Spring 2015



Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk

Ofsted
raising standards
improving lives



Inspectors
Irene
Lavelle and
Ann
Muxworthy

An Inspector Calls!!

On the 18th and 19th of March the school had a visit from Ofsted.

Ofsted are the people who look at all of the education providers in the country and decide how good they are. They have to spend a lot of time getting evidence.

On the first day we had two inspectors. Ann Muxworthy was the lead inspector and Irene Lavelle was another inspector there to help. On the second day another inspector, Patrick Hargreaves, also came to help.

Ofsted graded the school on five different areas, these were:

Leadership and management - to make sure that Mr Sharing and the governors have good systems in place to help us do well in our learning;

Behaviour and safety of pupils - to check whether staff guide students on appropriate behaviours, and whether students are taught how to be safe in and out of school;

The quality of teaching - to find out whether staff have high expectations and teach well enough so that students make good or better progress;

The achievement of pupils - to compare student's progress to other schools, and also to make sure that all students in school achieve as well as they can, regardless of their background;

The sixth form provision - to find out whether students are continuing to make good, or better, progress in their learning and are being prepared for their lives after school.

Sir Charles
Parsons
School



The inspectors spent two days looking through lots of paperwork, watching staff and students in lessons, and talking to students, staff at our school, and other adults who work with us such as staff from Walker Technology College where part of our sixth form is based.

We were very pleased when the inspectors said that they had found a lot of evidence to say that we are outstanding in every area. This is now the third time we have been outstanding which is not an easy thing to do so we are extremely proud of their judgement.

In the final report the inspectors commented that "They were very impressed with students behaviour around school and said that relationships between staff and students are excellent." They said that staff also help students to be "calm and stress free." The inspectors said that teaching in school is "...outstanding and never less than good..." and that teachers and teaching assistants have "...very high expectations..." of the students.

Ski trip plans see take off!

Read more about different learning opportunities this term on pages 4 & 8



SAVE
THE
DATE

Our annual **Sponsored Walk** will be held on Saturday 20th June this year. The walk takes place from St. Mary's Lighthouse in Whitley Bay and finishes at The Cumberland Arms in Tynemouth. The walk is well attended and it always proves to be a great day out for families, staff, friends and dogs! Details will be sent out nearer the time.

SKI TRIP '15

POLAND

A team of eight year 10 students have spent a busy term raising money so they could take part in a once-in-a-

life-time trip which would see them learning to ski as well as learning all about local culture in Poland. They needed to raise £2,500 towards the cost of the trip, with the remaining £4,500 being donated by children's charities 'Smile for Life' and 'Happy Days'. The team held a sponsored swim, made badges and Valentine decorations to sell, and washed staff cars - for a price! They came up with the idea of 'Free Crispy Friday'. Local businesses were invited to request a batch of delicious fresh chocolate crispy cakes to be delivered to their premises on any Friday along with a donation tin, posters as well as a certificate for 'The Best Boss in the World'. Their most recent initiative saw them hosting a charity car wash at the Silverlink Shopping Park on Friday 27th February. The students had a good turn out of customers and raised more money towards the trip. March 2nd saw the fruition of this ambitious project. One of the group reported to us her take on such an exciting trip and what it meant for her.



Car Wash at Silverlink



Jacinta and Jack enjoy some traditional polish food

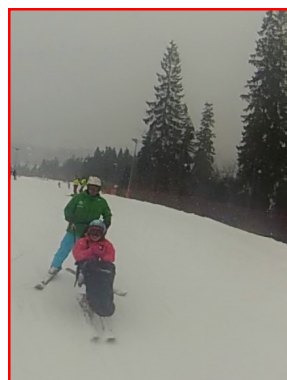
"I felt happy when I was first asked to go on a skiing trip with my friends. Then as the trip got nearer I started to feel nervous about going away. I had never been away from home for that

length of time or been abroad before, so I had never been on a plane and I was very scared about that. Lots of my family, friends and staff in school talked to me about that and told me I would really enjoy the plane taking off. I went shopping to get all the things I would need for the trip.



Isshi, Melissa & Ellie, ready for any weather!

On the day of the trip I felt happy, excited and nervous. Everybody had been right and I really enjoyed the take off, but I was also happy when we landed! The plane journey seemed to go over quickly. Next we went on a mini bus for the same



Melissa tries sit-ski

length of time but it seemed longer to get to where we were staying. It was night time and dark when we arrived at our hotel, we didn't have much time to see everything but my room was nice. The next morning it was snowing and after breakfast we went outside to explore. It was very cold and there was loads of snow. I met our ski instructors Basher and Don. I was still feeling nervous so I sat and watched my friends at first, I thought it looked fun, they were laughing and falling over a lot! Soon it was my turn and I was helped to go in a 'sit-ski'. It felt strange at first but my instructor Don was always with me, so I felt safe and I soon relaxed and then I enjoyed it. I went down the RED slope which is really steep and fast and I thought that was great! To get to the top of the RED slope I had to go on a lift that was a bit scary at first but I got used to it. The whole trip went so fast but I had an amazing time being away with my friends. My best bits were being on a plane and experiencing the 'sit-ski'. This is something I would love to do again if I ever got the opportunity.

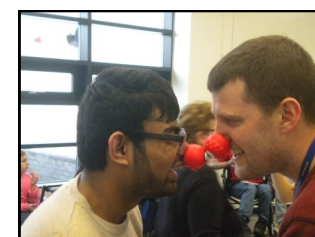
- Melissa 10B



Team Talk



Fundraising for Red Nose Day



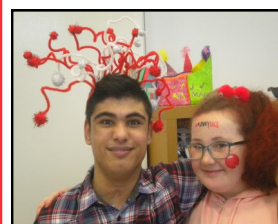
On Friday 13th March it was Red Nose Day. This year you had to make your face look funny. Everybody paid £1 and lots of people got dressed up.

Nose to Nose - Graham & Sherry!

Here at Sir Charles Parsons school we raised £274 !

Every penny raised helps transform lives of people in the UK & across Africa

Red Nose Day raises money for Comic Relief which helps people from our country and Africa who have tough lives.



I found out about a project called Cecily's Fund, in Zambia. It uses the money we raise to support young people who have no parents by giving them everything they need to go to school.



In our school we had a special Red Nose Day assembly. We learned about where the money goes that is raised. Then we made Mr sharing look very funny with a wig and silly glasses!

- Megan 9A

Easter Coffee Morning

Thanks to all Parents, carers, families and friends who came along to our Easter coffee Morning and for all of the kind donations of tombola and raffle prizes. As always it was well attended and we managed to

raise over £915

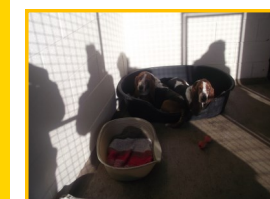
which will be used to fund residential visits for all of our students.



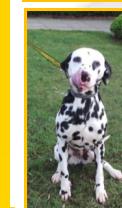
Our new stall 'Water or Wine' proved popular with staff and visitors alike!



Students in years 8 & 9 have been learning about charity as part of their work during My World lessons. After finding out about the charity 'Dogs Trust' some students made an appeal for donations of: Dog food, bedding, squeeze cheese, hot dogs and chewy toys. On Sunday 1st February we went along to visit Dogs Trust - Darlington to drop off all of the donations as meeting all of the dogs. The staff were very pleased with all of the items we had collected and told us we had done well to collect as much. The dogs were very friendly. Some were waiting to move to their new homes but some still needed to find a home which was a bit sad.



Each kennel had information about the dogs inside and if they had a new home yet. Jo wanted to re-home a puppy





Newcastle School Achievement Awards 2015

Advert By Marc 66

Cafebeam

27 Ashburton Road

Telephone number: 0191 284 4466

Time: 9:30am - 16:00

Website: <http://www.cafebeamgastro.co.uk>

Smile for Life

Children's Charity

fresh cakes and paninis

PUZZLE TIME ANSWERS

n	z	p	a	d	u	o	o	u	y
a	y	i	s	i	u	f	j	b	q
p	j	j	d	d	t	a	a	y	o
c	v	o	i	i	u	c	m	t	a
b	p	m	i	t	b	u	e	j	p
f	v	u	c	j	b	e	i	v	n
q	q	c	a	v	e	i	a	e	o
x	o	p	s	d	f	c	a	z	i
f	m	a	p	x	y	s	y	a	c
w	b	j	v	o	s	c	e	b	

Did you
Guess?



Year 11
packed their
bags on to the
school mini
buses on a
Wednesday
morning and

headed for Hawkhurst Scout activity camp in Kielder. The students were excited about three days of great activities, fun times with their friends and lovely food from the great staff at Hawkhurst.

When we arrived in Hawkhurst we had to sort out our rooms. The lodge was very nice and everyone had their own bath-room. We got to share with our



Strange sculpture in the woods

friends and I shared with Nicholas and Mr Swann. We headed straight to our first activity which was the bell bottom boats. The boats were like a double canoe. They were really good



The winning team

and my team paddled very fast across the lake. It was hard to get everyone to paddle at the right time, but once we had worked it out we were able to travel all the way across the lake to a visit an island with a weird statue on it. We had a race against Lewis and all of the school staff -we won (the staff cheated and were pushed by the speed boat!) After the canoes, we had a water fight and jumped in the lake, it was freezing and I was soaking wet!

That night, we had a camp fire and sang songs. I enjoyed the songs with actions. The Hawkhurst staff were so funny. On the second day we woke and it had been snowing. I was woken up by Dylan, Daniel, Rajo and Craig because they were so excited. We had a lovely breakfast and then started the abseiling activity. The tower we had to abseil down was very, very high and there were loads of steps to climb on the inside to get to the top. When we were all attached to the ropes the staff said to "just lean back" over the side, it felt really strange, but it was a great view. After abseiling, we began our zip wire activity. The Zip wire was really high and a bit frightening, especially if you don't like heights, but everyone was very encouraging and we all made it down. Everyone was soaking and muddy after the morning activities, some people had even lost their wellies and trainers in the mud!

In the afternoon, we went to the birds of prey centre at Leaplsh. We had a nice hike there. The weather was so cold and windy that the birds could not fly. We had a talk and a chance to feed the birds if we wanted to. I put a safety glove on and fed a really big bird. It flapped it's wings and they hit my cheek! I fed the bird some chicken.

We were allowed to ask questions and learnt lots from our visit.



Ryan has a close encounter!

For tea, we had a lovely meal followed by cheesecake. It was lush! That night we went on a trek in the forest. It was really dark and a bit scary. I enjoyed walking in the dark. Our last day came too quickly, but after we packed everything ready for the bus home and enjoyed breakfast, we began our activities. We started with 'Night Line' which involved us completing an assault course blindfolded. It was really hard but fun. I fell over and ended up soaking wet. Again! Then we had an orienteering activity. The orienteering was more fun than I thought and involved working with a small group of people to use the map and symbols in the woods to find our way around the course.

We had lunch and set off back to school. Everyone had a fab time and it was good to get to know the cool staff at Hawkhurst too.

- Tony 115



After School Clubs

Our after-school clubs continue to be well attended. There are places available in the following clubs. Clubs start at 3.30pm and finish at 5pm. Students need to be picked up from school after the club by a responsible adult. There is also an option for your son/daughter travel to Westgate Sports Centre on the West Road by minibus to be picked up there at 5.20pm.

Clubs are free of charge, however if you would like your son/daughter to be dropped off at Westgate Sports Centre there is a charge of £3 per person per journey. Students are welcome to attend more than one club providing there are spaces available.

Tuesday Let's Get Cooking, Hydrotherapy/sensory, Football & sports

Wednesday Rock Band, Bikes & Trikes, ICT

Thursday Swimming, Rebound Therapy

If you would like more information or you wish your son/daughter to join a club please contact Helen Clarkson or Jo Whittington via the school office.

Students Pilot New SEN Courses



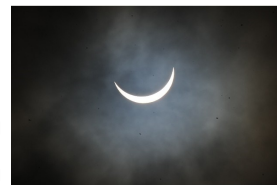
'Them Wifies' is an organisation based in Newcastle committed to helping people lead healthier more positive lives. Staff from Sir Charles Parsons School and Claire Murphy Morgan from 'Them Wifies' have set up a new and exciting project which aims to increase student knowledge and skills in the area of Sex and Relationships. Tutors experienced in this field have worked alongside staff delivering this flexible project designed to meet the needs of students at both the Sir Charles Parsons and Walker Technology sites. The project has run in Autumn and Spring and will end with a series of Summer workshops. Funding to deliver the project is from the Northern Rock Foundation and everyone involved in the project agrees that this has been an extremely valuable experience for all our young people. They have gained in knowledge, developed life skills, met new people and organisations and had a great time in the process. Feedback from our year 9 and 10 students who have taken part in the pilot so far have been extremely positive and all are looking forward to the final stage of this project. Here's what they thought: "We have been going to a Sex and Relationship Education group with Jackie and Tom from a theatre company called 'Them Wifies'. We have enjoyed learning about men's and women's different parts of the body, what it's like to be a teenager and having lots of fun. It was fun because we got to work with different people and it was easy to talk about stuff we wouldn't normally talk about. If you didn't want to talk about something or felt daft you could listen and still find out answers to things you might have been wondering about. We really enjoyed playing the games with our friends like 'The Sun Shines On'. One time we acted out a 'Jeremy Kyle Show' and we had to give advice to a couple who were a boyfriend and girlfriend. We are both looking forward to them coming again." - Dean & Toriqua 9W

"At first it was weird when Jackie and Tom brought Josephine and Jack to our school. They are not real people. They are cloth people or puppets, who are the same size as us but wear clothes like ours and they are in a relationship. Josephine had Ugg boots and Jack had nice jeans. It was good because sometimes you could put questions you might have in one of their mouths and then Jackie or Tom could answer for them so nobody knew who had asked." - Dee 10B
Many thanks to Northern Rock for this opportunity and a big thank-you to Claire, Stephanie & Michael and Tom & Jacqui for planning and delivering great activities with the 'enjoyability' factor.

Following the success of our Sex & Relationships education course we have worked alongside the team from 'Them Wifies' again, this time to run a series of workshops dealing with anger management. "In the anger management group we have learnt what anger can make you do, which is not really what you want to be doing. For example; smashing up items or damaging equipment, getting into arguments and fights. We were shown how to recognise triggers that would make you angry. Some of these are; people calling you names, bullying you or your friends and shouting at you. We then learnt how to control anger. We learnt that being alone and counting to ten, using a stress ball or putting your favourite DVD on and locking your door were all helpful ideas to keep anger under control. We also learnt how to stay calm during an argument or disagreement. I have found this group very helpful and I am a lot calmer than I used to be. I am able to recognise triggers to being angry now and I can put what I have learnt into practise." - Jordan 10B



SOLAR ECLIPSE



To find out about the Solar eclipse in science we spent some time researching eclipses that have happened in different parts of the world recently. We watched some news clips discovered that people all over the world think that it is a really special event when you get to see an eclipse in your country. We made some models and used some inflatables to help us to understand about how the earth and the moon move into alignment with the Sun to create the Solar eclipse. We also found out why different places would see different amounts of the eclipse, some places like the Faroe Islands saw a total eclipse and in Newcastle we saw a partial eclipse. Some of the information we gathered told us that



Shoe box viewers

it is not safe to look directly at the Sun, as it would damage our eyes. To help us see the eclipse safely we used some shoe boxes,

foil and white paper to make pinhole viewers to allow us to watch the image of the eclipse without staring straight at the Sun. There was an exciting atmosphere on the morning because lots of students had heard about the eclipse on the news and at home. Everyone spilled out of the classrooms into the yard at about 9:20am and waited to see what would happen. The sky was cloudy but we used our viewer and watched some of the pictures on TV to see the Sun get covered by the moon. The sky went dark and a little colder, but we clapped and cheered every time the eclipse peeped out from behind the clouds. It was great to see something that will not happen again for a long time. Afterwards we had an eclipse party in the heart. - 9CA

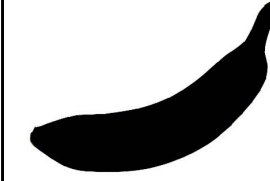


SOLAR ECLIPSE PUZZLE TIME

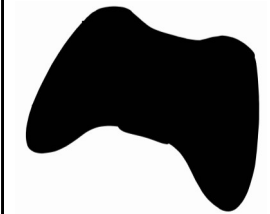
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c	y	h	s	h	k	d	v	w	j
l	z	v	c	j	p	s	d	o	k
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u	a	i	e	q	r	c	n	a	j
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y	t	w	c	n	i	i	o	a	c
o	h	e	e	t	a	p	r	r	d
b	q	r	j	n	l	s	l	k	e
h	m	o	o	n	a	e	d	z	u

world	dark	moon	
eclipse	solar	cloudy	science
partial	earth	viewer	

A solar eclipse happens when the moon moves between this sun and the earth. The moon blocks the sun's light and casts a shadow on earth. Can you guess what these shadows are?



Beginners luck
Something healthy to eat...



A bit more tricky ...



And a hard one—Who is this?

- Puzzle answers on page 10

HYDRO MATHS

A group of year eight students spend one maths lesson in the hydrotherapy pool each week. As a result of the relaxing environment, students are calm and engaged in their learning. During hydro maths sessions students develop a range of mathematical skills, knowledge and understanding including; counting, number recognition, sorting and comparing size and shapes. Students also develop communication, co-operation, independence and social skills.



The students have enjoyed working alongside each other in the hydro pool.



Ellie has been collecting floating numbers 1, 2, and 3 and can order them correctly.



Holly enjoys ordering the numbers by matching the colours.



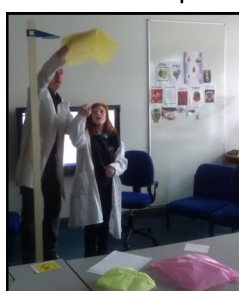
Daniel has been exploring size by stacking water cups and sieves.



In science Year 11 students have been following AQA Unit Award Scheme. Most recently the students have been learning about frictional force and the effect it has on everyday objects. The students have used a range of subject specific equipment in different environments, for example in water and air to explore upward thrust.



Shane used water to experience 'upward thrust'.



Eve and Geoff found out how long it takes for a parachute to travel over a measured distance.



Eve, Nicholas, Ryan and Courtney experimenting how to get their model car to travel the furthest distance.



Students in year nine have been learning about carnival celebrations in Creative Arts.

From the Rio Carnival in Brazil to the Notting Hill Carnival in England and the Mardi Gras Carnival celebrations in New Orleans.

The students worked on a project to design and make their own carnival float. They have experienced being in a carnival band; making carnival masks; decorating the classroom for the carnival and most importantly - having their very own SCP carnival with games, prizes, chants and band! They visited other classrooms to share their work and made sure they made lots of noise and threw necklaces and sweets from their floats in true carnival style.



9A Band Practice



Adam worked carefully on his carnival mask

Dillon and Mohammad worked together designing parts for the class float



Friendship Thursdays

On Thursday 19th April the Compass trust schools held their

very first Friendship Thursday. Six students from each of the trust schools, Thomas Bewick, Hadrian, Newcastle Bridges and Sir Charles Parsons School, travelled to Hadrian school to enjoy getting to know each other and joining in some activities together.

Jack and Kyle went along and enjoyed seeing some old friends at Hadrian, they played table top games with students from years five and six and got to know some of the students who will be joining us in September. Dean and Ryan from year



Jack & Kyle met up with old friends

nine were really happy to be part of the 5-a-side football game with players from the other schools. They said "it was great to work together and to make new friends with students from different places" Ellie and Katie took part in some rebound and sports activities and enjoyed their afternoon working with different staff. The event was a great success and after some refreshments together the students were very enthusiastic to find out who would be attending the next friendship Thursday in the summer term at Newcastle Bridges school.



Ellie took part in some team games with students from our other trust schools

A Big Thank You

To British Engines, Mark from Stage Coast North East and Cheryl from Nestle, Fawdon for their very kind donations of prizes for our Easter raffle



Dear Parents and Carers,

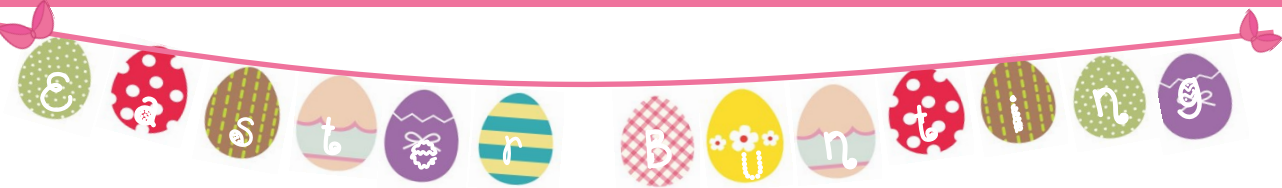
My apologies for the late publication of our spring term newsletter. This was due to our recent Office for Standards in Education (Ofsted) inspection visit which inevitably resulted in some delays in some areas of work. I am obviously pleased with the outcome and extremely proud of the students and my colleagues. I would also like to offer my genuine and sincere thanks to all parents and carers for all the support you have given the school over the years and for completing and returning the questionnaires given out at the students' annual review/Education Health Care plan meetings. Particular thanks to parents and carers who completed the on-line Parent View questionnaire and/or who talked on the telephone to an inspector.

This last inspection was the fourth time the school has been inspected since the school opened in September 1999. All these inspection judgements have been very positive. I hope this provides parents and carers with some reassurance that the school does provide a high quality of education and care and has done so over a long period. These judgements do not however, mean we always get things right, don't make mistakes or that we can't improve the provision we offer the students and the outcomes they achieve.

To emphasise this and end my note, I would like to draw your attention to the report's publication date. The inspection report was published on the Ofsted website on the 10th April 2015. It was however, sent to the school and officially became a public document on the morning of the 1st April 2015, i.e. the morning of April Fools' Day. This date will always be a useful reminder to me to keep things in perspective, even very positive Ofsted reports! As you know our mission statement as a school is: Enjoy, Learn and Achieve. That is we want every student, every single day, to enjoy their time in school, learn as much as they can and achieve as much as they are capable of. This is our ultimate aspiration. Although it is very difficult to achieve, as a team of governors and staff I can promise you we will continually strive to do so.

Nick Sharing
Head Teacher

Make it ...



A year seven SEAL group have enjoyed taking part in craft, cooking, play and pamper sessions this half term. They have been able to improve their communication and self confidence skills within the group to interact with others in a more relaxed manner. They worked as a group to make this colourful Easter bunting! This is what they had to do ...



Easy and almost mess free!



You will need:

colourful paper or magazines, ribbon or string, card (an old cereal box will do), a hole punch and some glue.



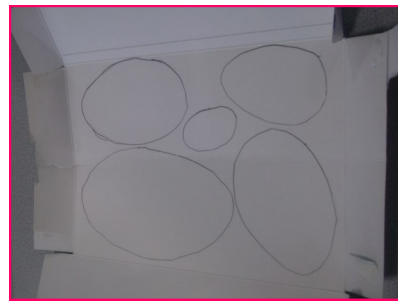
Tear up the paper into small scraps



Glue all of the little pieces onto the cardboard



Cover every bit of card, no gaps



Turn the card over draw on some egg shapes



Cut out the egg shapes



Hole punch each egg



String together and you're done!

Bake It!

Let's get cooking

Nutritional information per portion (53g):
calories 202.2 fat 10.5g 15% saturates 3.8g 19% sugars 20.1g 22% salt 0.3g 5%
of an adult's guideline daily amount

Ingredients (Makes 10-12 brownies)

75g plain chocolate
25g milk chocolate
100g margarine
1x 15ml spoon cocoa powder
2x 15ml spoons boiling water
2 eggs
150g castor sugar
1x 5ml spoon vanilla extract
75g plain flour

Equipment

Weighing scales
Square baking tin
20cm x 20cm
Grease-proof paper
Small saucepan
Medium mixing bowl
Pan stand
Small mixing bowl
Measuring spoons
Kettle
Mixing spoon
Large mixing bowl
Whisk or fork
Sieve
Spatula
Oven gloves
Wire cooling rack

Students from our 'Let's get Cooking' after school club have been busy this term baking sweet dishes which use less fat and sugar than traditional recipes. Our favourite so far has been 'Chocolate Brownies' which we all rated 10 out of 10! Why not try this tasty pudding at home!



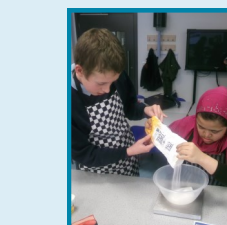
1. Line the baking tin with grease-proof paper and pre-heat oven to 180°C/160° fan or gas mark 6



2. Fill the saucepan one-third full of water



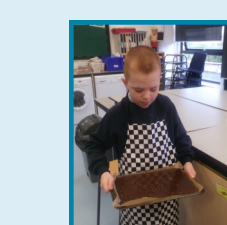
3. Break up all of the chocolate and place in the medium mixing bowl along with the margarine



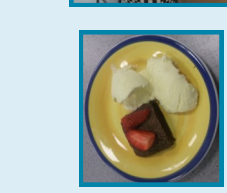
4. Put the bowl over the pan, making sure it doesn't touch the water, and heat gently until the chocolate starts to melt, turn down the heat so the water doesn't boil



5. When everything is melted, remove the bowl and place it onto a pan stand, give it a stir and leave to cool for a few minutes



6. Add the cocoa powder and boiling water to the small mixing bowl and stir until smooth



7. Break the eggs into the large mixing bowl and add the vanilla extract and sugar. Whisk together until smooth then whisk in the cocoa mixture

8. Add the chocolate and margarine mixture and whisk until smooth

9. Weigh then sift the flour over the mixture and fold it in gently until just combined

10. Pour the mixture into the baking tin and gently spread to the edges, and bake in the centre of the pre-heated oven for 18-20 minutes or until only just firm in the centre

11. Leave to cool in the tin for 5 minutes then remove onto the cooling rack, leave grease-proof paper on

12. Once cold, remove grease-proof paper, cut into squares and serve