

# Sports News



sky SPORTS  
LIVING FOR SPORT

This term year 11 have been working with basketball players. At the beginning of the term Drew Sullivan came as a mentor from Sky Sports. Drew Sullivan is the captain for the Leicester Riders and was also on the Olympic team in 2012 at London.

Drew and Sky arranged for some basketball players from Newcastle Eagles to come in to work with the students as part of Sky Sports' 'Living for Sports' campaign.

As part of this, Newcastle Eagles also hosted a basketball tournament for local schools.

When we got there, there was an announcer who told us what to do. We started warming up and training all morning. We trained with different members of the Newcastle Eagles team and other people that work for them.

After lunch we started playing matches. We were split into two teams. One of the teams won the entire tournament. The other team came fourth but still did very well working as a team. Everyone had a good time and was a great sport.

By Matthew 11B



Nathan tries to block Mathew from scoring a hoop!

## Monkwearmouth Athletics

A few weeks ago me, Kyle, Courtney, Jordan, Ellie, Deborah, Seharish, Jacinta, and Sannah visited Monkwearmouth Stadium. We went with Mr Swann, Janette and Ross. We went for an athletics tournament.



Courtney competing in the javelin

The tournament started at 10.30 and finished at 2.30. When we got there we got changed into our special t-shirts and then we got split up into teams with other schools so we were all mixed together.

Kyle takes the lead in the 100 metres



Tony was terrific at long jump

We did the discus throw, the javelin, shot-put, long jump, 100 metres sprint and the high jump. The trainers who were there were helping us to practise all of the skills so that we can get really good at the activities. We're really looking forward to some of the trainers coming into school to help us some more.

Tony 10S



# School News

Spring 2014



Contact us on — Tel: 0191 2952280 email: admin@sircharlesparson.newcastle.sch.uk



## Young Guiders

This term some of our students were given the opportunity to be one of the first schools in the UK to take part in a pilot scheme to support the Guide Dogs charity. Students have worked with staff from the charity to gain an awareness of the work that takes place. They have also taken part in the Young Guiders scheme, which teaches the students how to guide people with a visual impairment.

Students have gained a level one qualification as a young guider, which means they are able to support people with a visual impairment around school and outside of school. The group have also been raising money to fund our own guide dog puppy to make a difference to someone's life. Fund raising will continue throughout the year. So far we have raised over £160 towards this cause.



Isshi and Danny made cakes to fund raise

Sir Charles  
Parsons  
School



Our trainers were Gordon Myers and Mike Dooley from the Guide Dog Association.

We were shown how to guide someone around school and where we should place



Connor leads Deedar safely down the stairs

and move our arms to guide the person through doors and up and down stairs. We also learned the rules on how to keep the person safe and how to talk to the person we were guiding.

At the end of the course

we all took an exam on what we had learned and luckily everybody passed.

Justin 8T

A lady called Ethini Brown came into school with a guide dog called Ferina, she was very good and well behaved. Ethini told us all about guide dog training. We gave Ferina some dog treats to say thank you.

We decided to try and raise money to sponsor our own puppy, and we want to call him 'Charlie P'. So far we have made cakes to sell at the tuck

shop, we have bought Mother's Day gifts to sell and we did 'Guess the Sweets' where students and staff paid 50p each to guess the number of sweets in a jar.

Dean & Danny 8W



Guide Dog Ferina





# Rock Band

On Wednesday nights there is a new after school club. The club is called Rock Band and Barry and Derek run the club because they are good at music. To start off with we sing some karaoke to warm our voices up. My favourite songs to sing are Ellie Gouldings' 'Burn', and 'I Need Your Love' and Ryan normally sings a Robbie Williams or Olly Murs



Courtney warms up



Richard on drum kit

song. Once we have warmed up our voices we choose our instruments to play. I am learning the guitar but I also like being the singer in the band. Ryan plays



Kyle on drums

the drum kit and Derek plays the key-board. Barry plays the electric guitar and Kyle plays the guitar and drums. Then we swap around so we all get a chance to play different instruments. The songs we are working on are 'We Will Rock You' by Queen and 'Rockin All Over The World' by Status Quo. When we have had more practice we are hoping to perform to the whole school during assembly. Rock Band is my favourite after school club!

## First Battalion Royal Regiment of Fusiliers



On Monday 31st March some army drummers came into our school. The drummers were all wearing uniforms that looked a bit like the guards on the Tower of London and Buckingham Palace. They were wearing red with big black furry hats. You could tell which man was in charge because he held a thing like a sceptre and his hat was really big and furrier than everyone else's, it was nearly over his eyes. It was called a Bearskin.

In the marching band there was people who played different drums, like ones that you hit on top and ones that you hit with big beaters at the side. There was also people who were playing piccolos which is a bit like a flute, but smaller. All of the songs that they played were like marching songs. When they were starting a song the soldier in charge shouted 'ready' then the drummers had to put their drumsticks up under their nose. While they were playing some people got to go up and hold the sceptre and also wear the Bearskin. At the end, the drummers let us have a go at playing their drums and wearing their hats. It was awesome. The end.

By Alex 7W



Have a try!



## New Staff in School

Ross is an apprentice with the Newcastle Falcons. He has been assisting with swimming and PE and lunchtime football. He hopes to become a PE teacher in the future.

Rajo and Sajo asked some nosey questions: Have you got any pets? No

What is your favourite food?

Spaghetti Bolognese

Do you like football? Yes I love it.

Who do you support? Newcastle of course. I've got a season ticket on level seven next to the singing corner.

What do you like to do at the weekend? Spend time with my girlfriend who is called Brogan.



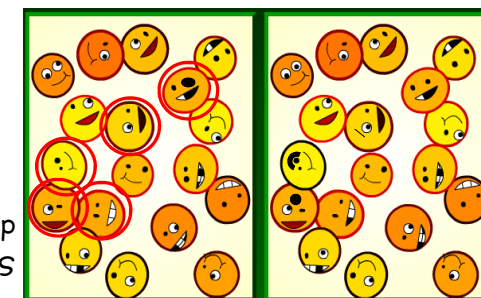
Sajo, Ross and Rajo

Easter Coffee Morning  
Thank you to everyone  
who attended.

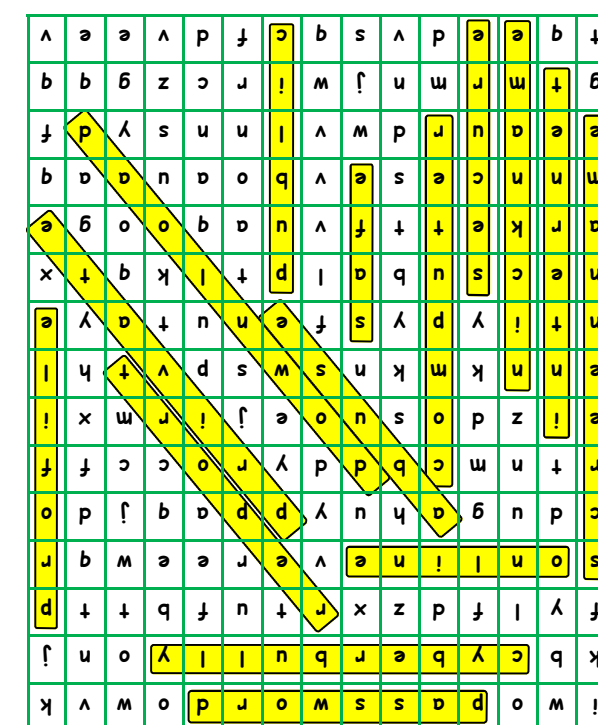
It was another great success,  
raising over £500



Spot the difference



Online Safety Quiz Answers:  
1. b) When you're in a chatroom, your screen name should be a nickname.  
2. a) If someone online asks you not to tell your parents or carers about them then you SHOULD tell your parents or carers—straight away.  
3. b) Speak to a parent or carer straight away.  
4. c) Never give out Your Real Name  
5. b) Check with a parent or carer what details are safe to give out.  
6. b) If you receive an email with an attachment from someone you don't know, then delete it immediately as it could contain something harmful.  
7. c) The internet can be great for loads of things and by being sensible and following the e-safety rules you can stay safe on the net too.





# HAWKHIRST 2014

I went to Hawkhirst in Keilder on 26th of March with the other Year 11 students and staff. As soon as we arrived at Rowan Lodge we made our beds up and had a packed lunch. After lunch we went to change into our waterproof clothing for bell boating. We were put into teams and went on Kielder Reservoir. We paddled across the lake and had a look at the landscape. It was really cold but a lovely view. We then set back for tea time. Tea was either chicken and rice or lasagne and garlic bread. Pudding was chocolate gateaux with cream. After tea we went for a night hike walk in to the forest. After a while, we stood above the hill and just had a silent minute remembering what we did on the first day. We then went back to the lodge and we had a shower. Afterwards we watched a movie and had hot chocolate before going to bed to sleep.



Dan lines up his shot

We woke up early on Thursday and got changed and washed (e.g. brushing teeth and washing our face). We then went to the dining room for our breakfast. We had hot cooked food and cold food like cereal, bread and juice. We got ready for archery and the instructor helped us by showing us how to hold the bow and arrows, then we swapped activities and went outside to do abseiling. We went to the top of the tower and some of us felt scared. We all had a try and it was actually so much fun. Next we

went for our lunch and had a sandwich with tuna, cheese or egg mayonnaise and with a drink. We then had a cup of tea and a pudding of chocolate moose or yoghurt. We set off for the Birds of Prey Centre and saw a lot of birds. We also went into the gift shop. The instructor had a red kite bird out and he nicked Ali-Can's hat! Then our instructor collected us and we went on the motor boat back to Hawkhirst. Tea was chicken wrap and juice. After tea we were supposed to go for a camp fire but we did not go because the weather was horrible so we decided to stay in our lodge. We had a nice hot drink and then watched a movie. We also packed up for next day and had a shower and went to bed. After breakfast on Friday we went back to our lodge to change into our waterproof clothing and then we went to the forest. We had a camp fire and had donuts and built shelters. The instructor then threw water at the shelter to see if any one got wet. Next we packed the van with our bags and cases and then had our final lunch. We headed in the bus to come back to school. We got our school transport back to see our families at home sweet home. Well that was all about Hawkhirst, I hoped you liked reading that.

Habibor 11B



The Red Kite nicked Ali-Can's hat!



## Letter from the Head

Dear Parents and Carers,

I hope you enjoy this edition of our newsletter as much as I have. It provides an insight into life at school, which as you can see from this edition, is often very busy.

I would particularly like to draw your attention to the two articles about internet safety. The internet is a fantastic resource to promote learning, to communicate with friends and family and as a source of entertainment. As we are all aware however, it also has inherent dangers. It is a sad fact of life that there are people who will use the internet for the wrong purposes. This includes people who attempt to make contact with children and young people. If your son or daughter uses the internet, I would ask you to frequently remind them of the rules they should follow in order to keep themselves safe.

On behalf of all the students and my colleagues, I would like to say a huge thank you to our editor-in-chief, Helen Clarkson for all her hard work in putting our newsletters together.

I hope you all enjoy a happy and peaceful Easter break.

Nick Sharing

## Love is in the Air ♥♥♥

Sir Charles Parsons had it's first wedding, just in time for Valentine's Day this year. Megan tells us a little bit more about it.

We have been learning about Christian celebrations in RE lessons. We decided we would have a wedding and researched them to help us plan our own, and to make sure that we included all the important bits.

Rebecca and Jake were the bride and groom.

Rebecca arrived in the bucket bike and it was decorated with ribbons like a



wedding car. Dillon conducted the service. Jake and Rebecca said 'I do', and swapped rings and had a kiss after Dillon said 'you may kiss the

bride'. After the service everyone threw rose petals and confetti. We went to the heart for photographs, speeches and the first dance. Then we went back to the classroom for the reception. There was lots of party food to eat but first Jake and Rebecca cut the cake and then everyone said cheers and clinked glasses.



Megan 8A





In theme lessons we have been talking about different countries and foods from around the world. We thought

about how pizza was an Italian food but that it was also very popular in America. 9B were given the opportunity to visit Domino's Pizza in Gosforth one day to meet Kevin and his team and to have a go at making our own pizzas.

When we arrived we had a tour of the shop and were given Domino's aprons to wear. We went into a huge fridge that kept everything cold and fresh. We also had a look in the

washroom which had three sinks in, one of the sinks was for washing hands and the other two were for

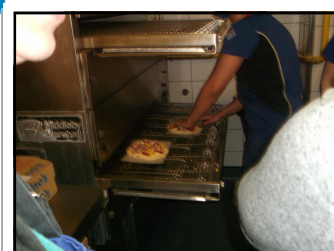


washing the trays. We went to the preparation area where we got some dough and special flour so that the

dough wouldn't stick when we were working with it. We had to put the dough on a circle tray and then flatten it until it was a circle shape.

We put some tomato sauce on the pizza base in the middle then spread it using a big metal spoon, a bit like a soup spoon. We had to make our pizzas the way we wanted them, like a smiley face, a circle shape, or a half and half pizza. I made mine with pepperoni, sausage, beef, sweetcorn and mushrooms. I made it look like a face with eyebrows made out of

mushrooms and a long nose made out of sweetcorn. Then we had to put our pizzas in a 250°C oven until they were



ready, it only took about a three minutes. After the pizzas came out they thought they

could let our pizzas be sold but they let us take them back to school.

When we got back to school, some of us had a little slice of our pizzas but Tyler actually ate all of his pizza because he was really hungry.

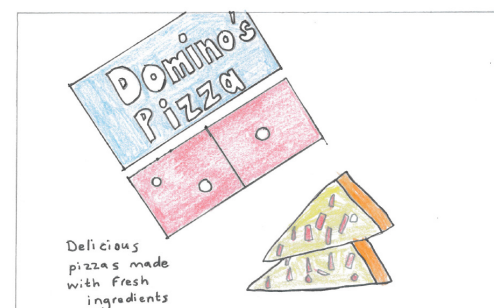
I decided that I want to be a pizza maker one day because making the pizzas was fun.

Joe 9B



**Thank you Kevin and his team from 9B**

Advert by Joe Motala



## Powerchair Football Walker Warriors

Our powerchair football team have now joined training sessions at Percy Hedley Foundation every Tuesday evening for developing teams.

In September we are aiming to join the North East Regional League.

When we go to Percy Hedley a lady called Cat is our coach. She is the regional coach for powerchair football in Newcastle. She coaches us for half of the night on our football skills and then we have a match against other players. When I first started playing PCF I was nervous in front of goal but now I am much more confident and I get a great feeling when I score.

So far we have won 1-0, drew 0-0, and got beat 2-1. When we got beat 2-1 I scored our goal. I won't talk about Shehab being in goal that night!

Ryan, Upper 6th



Practising penalty kicks without a goal keeper

Jordan scores -easy without a keeper!



Ryan dribbles the ball through the gates

## Social Emotional Aspects Learning

We are now rolling out a programme of SEAL/ Thrive groups which are held two days a week. Within these groups students are encouraged to experience and gain an understanding that they belong, that they matter, and that they are valued for their unique qualities. Using art and craft and co-operative play sessions, students take part in activities which build an understanding of friendships and interaction with others, discuss feelings, encourage problem solving and begin to learn strategies to manage strong feelings such as frustration, anxiety and anger. Sessions can be held one to one or with small groups and are tailored to suit individual needs.

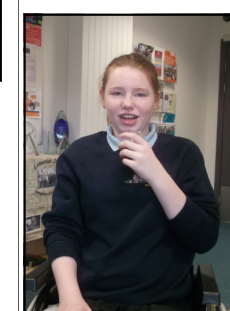


Its loads of fun, I love working with the puppets and giving them names and feelings. Percy is my favourite. -Rebecca 8T

We had instructions to build a house for a lego figure it needed one window and a door at least. We worked as a team. -Brandon 8T



We worked together and had to listen to our partners ideas. Ryan 10S



I really like going, the pamper session was fun. I had my nails painted. Melissa 9B



Courtney made emotions from play dough

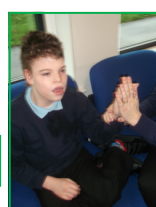


# Sensory stories

Every week Abbie, Dylan, Daniel, Rehman and Anthony have been enjoying some sensory story sessions. As well as hearing the story, the students explore objects relating to the story along with sounds and music. The same story is repeated over several weeks, with objects being presented at particular points as well as related tastes and smells. The idea behind this is that the students will start to anticipate events. Over the weeks extra props and textures are added to encourage students to reach out, hold and pass unfamiliar objects. The most recent story that the students have been enjoying is 'Sheldon Snail's Sunbathing Session' by Pete Wells. This story, along with others, is available by visiting the **Portland Academy website**, or by 'Googling' **Pete Wells sensory stories**. Here you can find a copy of the story along with suggested props and a PowerPoint presentation with sound effects, to run along side. We have also been practising our 'On-Body' signing at the beginning and end of our sessions. We sign 'hello' and 'goodbye' as we sing a song.



Hello



Goodbye



Abbie usually prefers to touch hard objects but she is learning to tolerate slime from our 'Sheldon Snail's Sunbathing Session' story



Dylan had a smell and taste of some mackerel during our 'Snail and the Whale' story



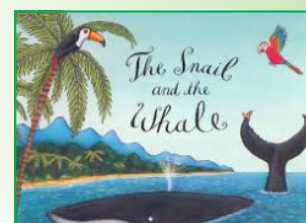
Daniel has begun to press the Big Mac switch at the right time during 'Sheldon Snail's Sunbathing Session'



Daniel enjoyed having the warm water foot soak and exploring the sand and shells during 'Snail and the Whale'.

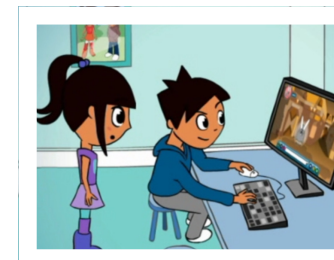


After exploring the big glasses a few times Abbie decided to try them on!



In ICT lessons we have been learning about internet safety. We have been watching a cartoon called 'Lee & Kim's Animal Magic Adventure'.

In the cartoon Lee and Kim are a girl and boy that play a computer game where there are lots of different animals, a bit like Moshi Monsters or Bin Weevils.



On the game Lee and Kim were talking to different animals to try and find the treasure. But then Super Sid, a protector, came and took them into cyber space,

inside the game. When they were there they realised that the animals they were talking to were people. There was a girl who was nice, but then there was a boy who said mean things, and a man who had been asking them lots of questions about where they live and where they go to school.



We have learnt that information like this is called personal information. This is information that is just about you, things that strangers shouldn't know. We know that we should keep the personal information to ourselves and not give it to anybody who asks for it when we're on the internet. This might be on games on the internet, it might be on Facebook, or it might even be on Xbox Live.

By 8T



## Sid's Top Tips

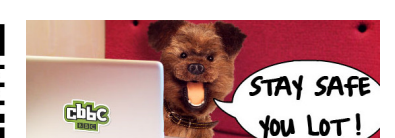
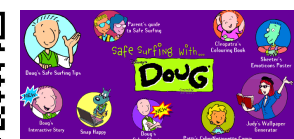
**Top Tip Number 1** Keep your personal information private.

**Top Tip Number 2** Be nice to people on the computer like you would in the real world

**Top Tip Number 3** People you don't know are strangers. They're not always who they are.

**Top Tip Number 4** If you ever get that 'uh oh' feeling, you should tell an adult you trust

Try these fun e-safety sites -







# Puzzle time

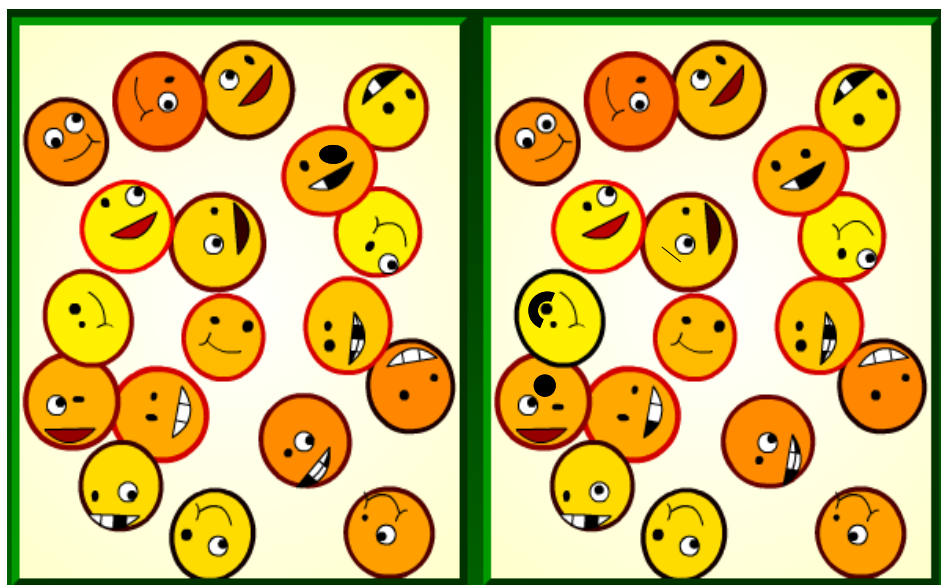
## E-Safety Word Search

i	w	o	p	a	s	s	w	o	r	d	o	w	v	k
k	b	c	y	b	e	r	b	u	l	l	y	o	n	j
f	y	l	f	d	z	x	r	t	u	f	b	t	t	p
s	o	n	l	i	n	e	v	e	r	e	e	w	q	r
c	d	u	g	a	h	u	y	p	p	a	q	j	d	o
r	t	n	m	c	b	d	d	y	r	o	c	c	f	f
e	i	z	d	o	s	u	o	e	j	i	r	m	x	i
e	n	n	k	m	k	n	s	w	s	p	v	t	h	l
n	t	i	y	p	y	s	f	e	n	u	t	a	y	e
n	e	c	s	u	b	a	l	p	t	l	k	q	t	x
a	r	k	e	t	t	f	v	u	a	q	o	o	g	e
m	n	n	c	e	s	e	v	b	o	a	u	a	a	q
e	e	a	u	r	d	w	v	l	n	n	s	y	d	f
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t	q	e	e	d	v	s	q	c	f	d	v	e	e	v

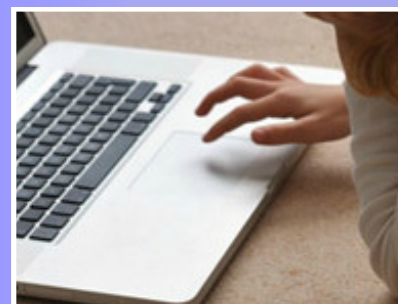
### Word List:

safe  
report  
online  
public  
profile  
computer  
download  
secure  
password  
private  
nickname  
internet  
cyberbully  
screenname  
abuse

Spot the Difference  
Spot 5 differences in the pictures  
Did you know you could play some of the games you play in free time at school at home? Check it out @



# Online Safety Quiz



1. What should your screen name be when you're in a chatroom?  
a) Your real name, age and address?  
b) A nickname.  
c) Your best friends name and address?



2. What should you do if someone online asks you not to tell your parents or carers about them?  
a) Tell your parents or carers straight away.  
b) Keep quiet.



3. What should you do if a webpal wants to meet up?  
a) Take plenty of money with you.  
b) Speak to a parent or carer straight away.  
c) Take along a friend.



4. Never give out \_\_\_\_\_ without a parent or carers permission.  
a) Your age?  
b) Your favourite pop group?  
c) Your real name?



5. What should you do if a website asks you to register?  
a) Fill out everything.  
b) Check with a parent or carer which information is safe to give out.



6. If you receive an email with an attachment from someone you don't know, what should you do?  
a) Open it and send it to all of your friends.  
b) Delete it immediately.



7. How do you stay safe on the internet?  
a) By never going on it.  
b) By only typing in rubber gloves in case you get a computer virus.  
c) By being sensible and following the e-safety rules.

Answers on page 11