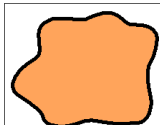


Sports News



Four students were chosen to take part in the Year 9 school games tennis competition at the Puma tennis centre in Sunderland. These students were Jessica Frame, Dean Clayton, Lucas Suchy and Tracey-Ann Hastings. All the students tried really hard and showed some good resilience skills, team work and sportsmanship to the other players. The students were also very independent and brave moving from game to game and giving in their results to the tennis officials. All four students won some of their games and showed improved tennis skills by the end of the tournament. The students were a credit to the school and had a fantastic time. Well done Year 9!



Rebound Orange Award

This term sixth form students have been working hard to gain 'Orange Award' in rebound therapy. To gain the award, they needed to demonstrate that they could balance on a 'log', locate the middle of the trampoline, stop safely, and roll side-

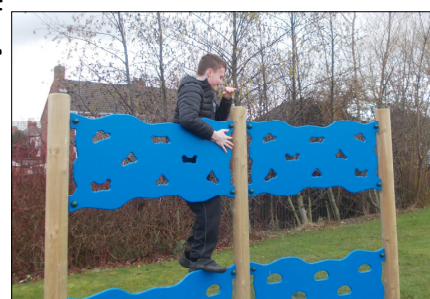


ways, all with confidence. Well done to Asher, Rebecca, Danny, Isshi, Adam, Faris, Sam, Callum and Ellie T.



In life skills we have been learning about keeping fit. We have been learning that we need to eat healthy food like fruit and drink lots of water in

stead of eating lots of chips and chocolate or drinking lots of coke. We also learnt that exercise is important. Doing exercise helps to make you strong and burn calories. It



can be hard so you need to do it lots of times.

We did some time trials on the new trim trail. We timed ourselves at the beginning of our topic. Then after doing a



little bit of exercise at the beginning of the lesson we timed ourselves. By the end it was a little bit easier. If we did more exercise it would be even easier! Courtney's time trial was the fastest, even though Tom tried his hardest to beat all the students.

- Haris, 11W

Hot Off The Press

As we go to print we have two teams, at Walker Dome taking part in a football tournament. Find out how our under and over 14 teams did in the summer edition of our newsletter.



Sir Charles
Parsons
School



School News

Spring 2018

Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk



In March, 22 of our sixth form students had the opportunity to take part in a five day residential visit to The Calvert Trust Outdoor Pursuits Centre in Keswick, Cumbria. The centre,

which is in the heart of the lake district, specialises in offering exciting breaks which are accessible to people of all ages with sensory, learning or physical disabilities, including those with the most complex needs for which most outdoor centres cannot cater. Because of the specialist nature of the centre there is a significant cost involved for visits. Because of this, planning and fundraising for the experience has taken 18 months and relied on parental contributions, sixth form fundraising, and a grant from Happy Days Children Charity.

Before the visit we discussed with the instructors leading our groups what we wanted our students to achieve. Our Behaviours for Learning helped us to identify the skills we wanted our students to work on, for example confidence, resilience and problem solving.

Our students were able to access a wide range of challenging activity programmes which for most, took them 'right out of their comfort zone!'

Students experienced rock climbing, abseiling, king swing, high ropes challenge course, assault course, archery, orienteering, mine visit, lakeside, mountain and forest walks, as well as either horse riding or driving a horse and trap. They also benefited from the use of the centre's sensory swimming pool, Jacuzzi and sensory room. During the evenings there was a chance to chill out in the quiet areas or to socialise with friends and visitors from other schools using the centre in the games room.



When I went to Calvert Trust I enjoyed doing all of my activities. My favourite was horse riding. My horse was dark brown and his name was Silkas. My second favourite was the assault course, I had to climb over a very narrow bridge. The food was lovely. We had a full English breakfast everyday! - Callum 6H



The Calvert Trust was great! I liked the horse and cart the best even though I was scared and didn't want to go on at first. But my horse, 'Mischief' was really friendly. The other things I liked were the abseil, the assault course and the ropes. I shared a bedroom with my best friend Ellie and we had a good time talking when we went to bed.

- Melissa, 6H



I've had a brilliant time! I liked doing every activity. On the high ropes I had to wear a harness to keep safe. I wasn't nervous, I was brave. On the night times I enjoyed the swimming pool because it was dark outside and the pool had multi-coloured lights under the water.

- Adam 6L

So, did the visit deliver our desired outcomes? It certainly did! Every one of our students surpassed all of our expectations in terms of the identified Behaviours for Learning and were able to Enjoy, Learn and Achieve in spades!



Enjoy,



learn



and

achieve



JOIN OUR 2018 GREAT NORTH RUN TEAM

Be part of our Great North Run Team 2018 and help us support the amazing young people attending our 'Outstanding' school.

Our current fundraising initiative hopes to see us raise a final ambitious target of £90,000 which will allow us to install specialist outdoor play equipment, as well as supporting the ongoing funding of residential experiences.

In return you will receive a free running top, support 'en-route' as well as a meeting place and refreshments at the finish line!

We have limited places, please get in touch today to secure your number to run with us!

For more information contact Emma Hutchinson or Helen Clarkson on 0191 2952280 or emma.hutchinson@scp.newcastle.sch.uk helen.clarkson@scp.newcastle.sch.uk



More Friends of Sir Charles Parsons School news...

In February we had two new elements of play equipment arrive. First of all sensory panels and ground markings along with a 'Light and Sound Arch' were installed followed by a wheelchair accessible swing and two standard swings. Due to the exceptionally wet weather we have been experiencing of late, safety surfacing to the swing area has not yet been completed - despite two trips from the groundwork company, all the way from Devon. The surfacing work should hopefully take place during the Easter holidays.

The next phase we will see installed will be a tyre park, hopefully during the May half term break. Meanwhile, our fundraising work continues most recently with our Easter Coffee Morning that raised over £1,560 for our charity.



I was in school when I found out I was going to see XFactor. It was a big surprise. My mam and dad knew when I got home and they both got tickets to come too. I was excited all day in school. When I got home I had dinner and then got dressed up ready to go in my favourite clothes. Me, mam and dad went on the Metro train to Central Station and then walked to the Metro Radio Arena.

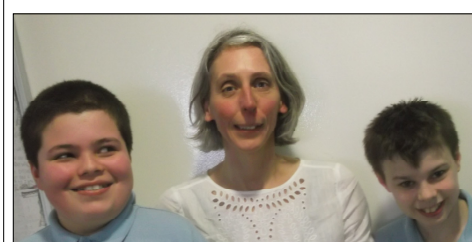
When we got nearer to the arena it was very busy, with lots of other people going. We had to queue to get in so that people could check our tickets and bags. We found our seats then mam went to buy us a drink - I had a coke.

When it was starting the lights went out then one light went straight on the person on stage. My favourite bit was when 'Rak Su' came on because I knew when I watched XFactor that they were going to win. They were really good, their voices and dancing were awesome.

I was really pleased I got picked to go, I felt very lucky. I have already asked mam and dad if I can go next year.

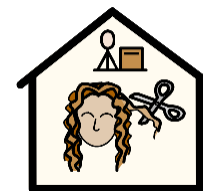
- Tom 8T

Tickets kindly donated by  **Graham Wylie Foundation**



Nosey Questions for our student Teacher, Rana.
Interview by Stephen and Davood - 8BK

Where are you from? Switzerland
What is the weather like in your home country?
 In winter lots and lots and lots of snow. In summer nice and warm and sunny.
What is your favourite colour? Bright orange.
Where do you like to go at the weekend?
 Swimming in the sea in Northumberland.
What other schools have you visited? Durham Johnston in Durham and All Saints Academy in Northumberland.
Is our school the best? Yes definitely.
What did you do on the snow days? Lots of sledging and snowball fights.

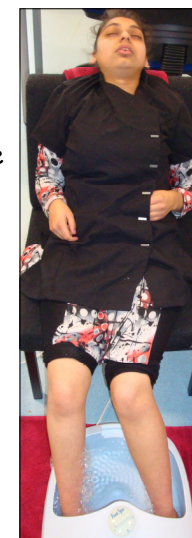


Hair and Beauty

In Voc. lessons this term a group of 6th form students have been working on an Asdan unit about experiencing different aspects of beauty therapy. Each week the girls get to choose a treatment to have.

- Courtney has enjoyed having her hair washed and styled different ways.
- Isshi enjoyed the hand massage and having her hand and fingers stretched as well as having gel nails applied.
- Sannah's favourite treatment was the foot spa and foot massage, She said it warmed and soothed her sore feet.
- Aiman enjoyed helping others washing hair and drying it but also liked a pamper herself.
- Rebecca said after her detox face mask her skin felt soft and it was relaxing.

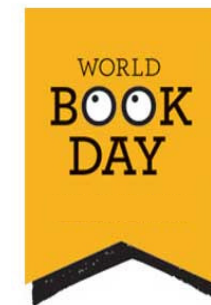
After Easter the girls will be working on giving beauty treatments to others.



Easter Bunny Visit

Students in years seven and eight had a nice surprise this week when an Easter Bunny came along to school with a special delivery of chocolate eggs for each class and some to use as prizes at the coffee morning! The Easter Bunny spent a little time in classes before meeting the rest of our students at break time. The bunny and eggs came courtesy of Colin from Vision Education.

Leon, David and Holly with the Easter Bunny



In school we had a World Book Week. Paddington was our special character for the week. All week we did Paddington things. On the Monday afternoon we all watched Paddington 2 in the hall. It was on the big screen set up like a cinema. In our lessons we did crafts and activities, like making Paddington masks, or using Paint on the computer to draw or paint Paddington pictures.

On the Friday we had a very special day. We worked in year groups to do Paddington crafts like a massive poster and Paddington sandwich bags. We made marmalade sandwiches and then after lunch we all went to the hall to have a picnic and a Paddington quiz. - Lukas, 9M



SCP Kids Zone Answers



w	v	i	j	f	n	o	j	t	y	v	o	p	n	t
c	k	f	i	x	c	o	m	r	h	t	k	u	s	e
e	m	q	n	s	p	k	a	g	o	i	a	e	i	a
i	d	g	p	z	e	r	n	w	n	n	c	d	y	s
d	d	t	p	k	i	r	e	c	t	t	e	m	f	b
p	e	g	j	r	f	v	s	x	i	n	d	i	a	t
j	g	v	i	r	k	u	r	n	j	h	m	h	s	a
y	n	k	e	w	s	l	o	u	b	t	v	e	g	o
g	h	e	w	r	q	a	d	p	a	s	e	n	z	e
c	i	x	n	w	s	l	o	p	a	s	e	n	z	e

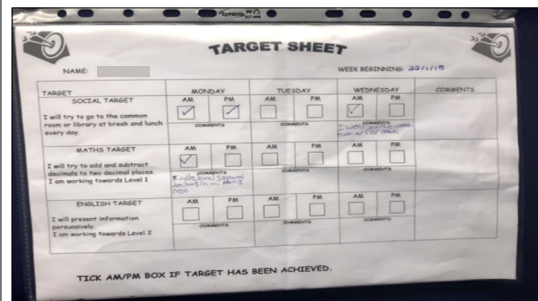
As part of the transition process from Sixth Form to future

placements, students begin to visit various providers. So far students have visited Tyne Met, Welford Centre, Liberdade and Capabilities. Here, Josh tells us a little bit more about Tyne Met.



In January we went to Tyne Met College on a visit. Sometime in the future I might go to this college after I

have left Sir Charles Parsons School. We met a nice lady there who showed us around. Some things at the college are just like we have in school. They both have toilets, students have learning targets just like ours, they both have 'chill out spaces', and the taxis and buses have spaces to drop students off at the door like in school. Some things were



different. The college has a pop machine and a machine that sells snacks.

They have a huge gym that students can use and a server area where students cook their own meals twice a week and serve each other. Something I really liked was that they had a small pool table, a medium pool table and a big pool table! I think I might like it there if I decide to go! - Josh 6M



Nosey Questions for our student LSA, Scott. Interview by Keirian - 10P
Where have you worked before? A security company as a doorman.



What is your favourite lesson at our school? Swimming and hydro.

What do you do when you're not at our school? I go to college because I'm studying for a degree in health and social care.

What do you like to do in your spare time? Go out with my friends.

What's your favourite film? The Goonies

If you could go anywhere in the world where would it be? Las Vegas.

What's your favourite car? A Bentley.

How do you get to school? I drive my own car in...unfortunately it's not a Bentley though!!

What's your favourite ride at Diggerland? SpinDizzy.

If you had a superpower what would it be? Reading minds.

The Beast from the East

Like lots of schools in the area, we unfortunately had to close to students from Wednesday the 28th February until the following Monday. It was the first time since 2010 that the school has closed due to snow. Before the notification came through about the school closure, some staff who are very early risers, were almost there. Just as well!!! As Mrs Hamilton arrived she discovered that our Sixth Form area was completely flooded with water about six inches deep!! It was all hands to the pump as school staff and Robertson's staff worked together to stop more water coming from the leaky pipe and to clean up the mess that had been left. A lot of elbow grease was needed to sweep out the water. Sadly our student support assistant Scott's trainers will never be the same again!!



Victoria Tunnels

We went on a visit to the Victoria Tunnels on a Tuesday morning for our history work. We went on the school minibus to get there, they were just past the Byker Wall. It was a sunny day but a little bit chilly.

When we got there we met a man and a woman who were our guides. They gave us a helmet to put on and a torch each because they said it would be dark.

When we first went in we went down the tunnel a bit and the man told us about the tunnel in World War 2. Then we went further down and there was paint on the side of the tunnel. People used to use this to know where to stop when they went in. Then the man took us even further down and told us about the surgery that they had in World War 2. At the side of the tunnel there was a place that people could go to get medical help if they got hurt. Then the man told us to turn all of the torches on, he only kept his on. Then he put a siren noise on which was really loud. When the siren went off and it was dark I was scared at first but then I liked it at the end. It must have been horrible for the people who had to stay down there because it was cold and dark but it kept them safe. I enjoyed my visit, I would love to go again.

- Bailey, 9M



Live Music Now!



We had a performance in the hall at school from an African group called Akrowa UK. There were two men in the group, one called Adie Baako and the other was Thomas Annan. One of the men was a drummer and the other was a dancer. The drummer had a small drum but he played it really loud. The music was also really fast and then he would make it go faster and faster. The

other man danced all of the time when his friend was playing. When the drummer got faster the dancer had to go faster too. He used his hands a lot when he was dancing but his whole body was moving and he jumped around a lot. Sadie enjoyed joining in, she played an instrument called a guiro.

- Holly, 7W



Letter from the Head



Dear Parents, & Carers,

I know it is a bit of a cliché that all British people talk about is the weather, but I think we have had good reason to this term! We started with the constant rain which made the ground so wet the third phase of the outdoor play equipment was weeks late in being finished, then the 'Beast from the East' bringing so much snow the school was closed - and causing the burst pipe in sixth form. At least the 6th form residential to the Calvert trust avoided the worst of the weather and even had a little bit of sunshine!

Throughout the term, no matter the weather, as always, everyone has worked together to help and support each other. This happens for the big things, like the efforts put in by the caretaking staff and the company who manage and look after the building, to clear the snow and keep the school open and accessible as long as they could. There are all the staff who give up their own time to support residential, to create, plan and resource activities and learning experiences for the students. The donations and support for the coffee morning from parents, carers and friends of the school and the small things the students do for each other every day, helping each other and caring for their friends.

As always I'd like to thank everyone, students, staff, parents, carers and friends of the school for everything they do to support the school and make it the wonderful, welcoming and supportive place that it is.

I hope everyone enjoys the Easter holiday - whatever the weather does!

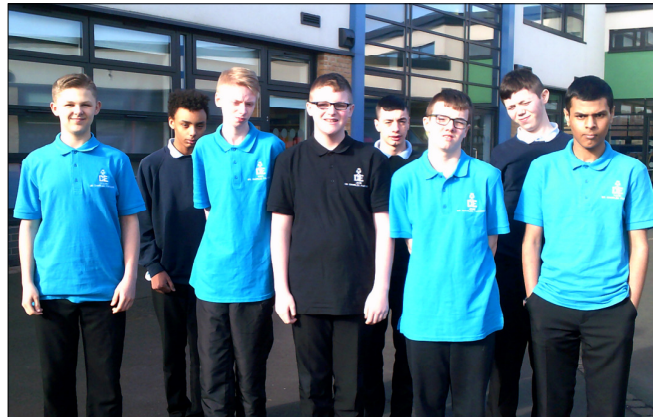
Karen Hamilton
Headteacher



FOSCPS continue to raise funds by recycling used textiles. Look out in the new term for bags coming home for any donations.

Duke of Edinburgh

Students as part of the Duke of Edinburgh this term have been working on their communication, planning, problem solving and being brave skills. In particular they have been working on their physical section of the award, where they need to improve their fitness or ability within a chosen sport or activity. The students took part in a fitness circuit and then had to plan their own circuit which they are in the process of delivering to the rest of the group. The students are growing in confidence with every lesson and are showing that they are becoming good leaders within the Duke of Edinburgh. This half term students have had the opportunity to purchase their own personalised Duke of Edinburgh t-shirt that they can wear on a Wednesday as part of their lesson. Next term the students will be doing more camping skills, such as putting up tents and outdoor cooking skills, as well as planning and orienteering walks of up to four miles!!



In September I started the Duke of Edinburgh Award. I hadn't heard of it before I started it but I now know that it's about being brave and leading other people. Over the last few weeks we have been planning our own sport activities, like squats, burpees and situps. I already knew some of the exercises but we all practised them all to make sure we were doing them safely. Nobody knew how to do the burpees so we did lots of practise of those. Then last week we started doing the plans that we made. I was first at leading my plan. I had to write the equipment that I needed and then what I was going to do for how long. When I was getting my friends to do my plan I had to time them for a minute to see how many of each exercise they could do in that time. I had to demonstrate the exercises and make sure people were doing it properly, and then I had to encourage people when they were finding it hard. I did so well that I got three two's from only two lessons. I'm looking forward to doing my friend's plans over the next few weeks. - Dylan 10B



In school students in Years 10, 11 and Sixth Form follow Enrichment Programme - giving the students the opportunity to enrich their curriculum with different areas such as culture, dance and media.

This term some of the Sixth Form students have been learning about French culture and have even been learning basic conversational French.



We have been learning about France. We got a French passport at the beginning of the work where we all got a French name and chose a hat for our passport picture. We learnt a bit about what some of the French cities are famous for, like Paris for shopping and Cannes for the film festival. We had five cities to choose where to live for our passport. I chose to come from Monaco because I like car racing. We then visited some of the cities in the classroom and learnt some different words each week.

When we went to Monaco we learnt French colours for the cars that we raced.

When we went to Lyon which is famous for football we did a warm up to learn French numbers - we all had to choose an exercise then count how many times people were doing it...in French.

I really enjoyed going to Cannes for the film festival. We had a red carpet and wore our French hats to walk down the carpet. We all chose to watch Ratatouille which is in Paris.

- Aiman, 6M



Monaco car race - the winning car was 'rouge'

SCPS Kids Zone



Spot 10 Differences!



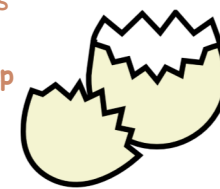
Dean's Cracking Jokes
How does Easter end?
With an R!
Why did the Easter egg hide?
He was a little chicken!
How does the Easter bunny stay fit?

EGG-xercise and HARE-robics!

How many Easter eggs can you put in an empty basket?

Only one - after that it's not empty anymore.

How does a rabbit keep his fur looking good?
With hare spray!



Easter News Unscramble

Unscramble the letters below to find the Easter words from the list below.

geg _ _ _
bunyn _ _ _ _
labm _ _ _ _
latechooc _ _ _ _ _
thun _ _ _
rispng _ _ _ _



Word list

bunny spring
lamb hunt
egg chocolate

Can you find all of the words listed below in our Spring News Wordsearch? If you put together the unused letters in the top two rows some secret words will appear!

t	e	s	a	s	b	t	x	e	p	r	b	u	t	s
n	s	n	l	e	y	f	d	a	a	y	p	n	z	e
p	h	u	a	e	a	t	d	i	g	l	e	o	e	n
o	k	u	r	c	n	d	m	g	n	m	h	s	a	s
v	t	c	t	t	i	n	n	j	h	t	v	e	g	o
y	h	o	i	n	t	x	u	c	u	b	n	y	q	r
t	r	t	g	w	c	r	i	t	e	n	n	i	s	y
j	m	t	h	s	r	e	f	l	o	o	d	p	a	
o	o	o	k	a	n	e	m	v	s	p	f	t	i	m
n	f	c	p	e	i	f	k	s	l	a	q	s	z	q
f	x	s	z	k	r	r	z	w	u	a	u	l	r	w
j	n	c	q	n	p	j	v	i	v	k	c	e	w	n
l	f	q	q	t	g	r	k	n	g	u	f	n	x	y
v	k	m	k	d	d	l	w	g	y	n	c	o	h	l
w	c	e	l	d	p	e	j	s	y	v	o	x	g	c

beauty
enrichment
hair
nosey
tennis

calverttrust
flood
keswick
paddington
xfactor

scott
swings
tunnels
sensory

Secret words? _ _ _ _ _



Easter Sudoku

Can you complete this Sudoku grid using the pictures below.

