

# Sports News



## Inter Schools Football Tournament

Antonio and Paul recently took part in an inter-school football tournament along with other students from the school. Everyone played their part in representing the school and making the tournament a huge success. They all showed great sportsmanship and determination to do their best. However, it was Paul and Antonio who stood out on the day and received acknowledgement with trophies for best player (Antonio) and best effort (Paul). Antonio said 'I have been to the tournament twice now and I have enjoyed it a lot. There were some really good players there but I managed to save lots of goals. When I wasn't in goal I scored two goals against another school team who wore red strips. I was very impressed and surprised when I was awarded my trophy. It is my first one because last time I went I won a medal. I am looking forward to going again in the new year and playing for Sir Charles Parsons School!'

Antonio and Paul recently took part in an inter-school



Over the past five or six weeks we have had a man called Sam coming into our PE lessons every Monday. Sam is from Newcastle United and has been helping us to improve our skills. We have been doing lots of different football skills like catching and throwing the balls like the goalkeepers do. We have also been practising running with the ball like other players. At the end of the practising we have a game of football where we choose different teams and play against each other.

The hardest thing has been dribbling the ball. Sam says we have to keep your head up and not look down. The best bit has been playing football and choosing the names of the teams that we wanted to be.

- Richard and Mcarahlee, 8A



Mcarahlee and Andrew practice their passing skills

Many thanks to West End business Madina Food Store for discounts on Eastern snacks sold at our Christmas Coffee Morning.



Advert designed by Antonio, 10M



# School News



Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk

## PLAYGROUND OPENING DAY

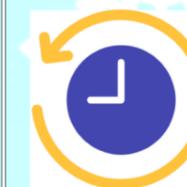
On 13th November we held an official ceremony to celebrate the opening of our outdoor play equipment. We invited many guests who represent companies and charities who have donated to this fundraising initiative. Newcastle Falcons and England rugby player Toby Flood was our special guest and 'cut the ribbon'. He is the patron for The Wooden Spoon children's charity who supported us with funding for the swing park, which includes two standard swings and one wheelchair accessible swing.



The ceremony began with a performance by Sir Charles Parsons Drum Band followed by a whole school presentation to show how each and every one of our students enjoy, learn and achieve whilst outdoors using the equipment. Following the presentation, our students and guests spent time playing on the swings, trim trail, zipwire, eagles nest, tyre park, roundabout, sensory area and outdoor gym, showing off their much improved agility and confidence. 'The Friends of...' charity has benefitted not only from grants awarded by outside charities but by the tremendous amount of hard work by all of our volunteers, parents, carers, committee members, school staff, students and wider community.



Over the Christmas period there can often be a lot of change to technology in the household, with adults and young people receiving new devices as gifts or passed on from other family members. Technology is a great opportunity for the young people to extend their skills, however, it is important to ensure some of the basic settings are in place, and in some cases have a shared agreement on the usage of the device. Whilst ensuring our young people cannot access inappropriate web content is a priority, it is also very important that they do not have excessive screen time. Many studies have reported that too much time on technological devices (whether it be mobile phones, games consoles, tablets or laptops) can have a very detrimental effect on health and wellbeing.



Some parents and carers have benefitted from installing the app 'ScreenTime' on mobile devices and

tablets. This app allows you to limit the amount of time the user can spend on a device, as well as monitoring the sites or apps which are being accessed. For more information on installing and using this free app visit the following website: [screentimelabs.com](http://screentimelabs.com) As well as this app, parents and carers have also reported that using a child friendly search engine has significantly reduced the amount of inappropriate content being displayed. 'SafeSearch' and 'Swiggle' which can be set as a

[swiggle.org.uk](http://swiggle.org.uk)

homepage replacing more common search engines such as 'Google' and 'Bing'. For any more information

about this or any other E-Safety matter contact Jo Anderson via the school office.

Sir Charles Parsons School



## Forest School

Sir Charles Parsons School are involved in a research project with Newcastle University and Scotswood Natural Community Garden, exploring the benefits of nature and being outdoors on emotional wellbeing and engagement in education. Students attend weekly sessions, where they follow Forest School principles to engage successfully with the environment.

Every Friday we go to Forest School in Scotswood with Mrs Whincup, Tom and Stephen. When we get to Forest School, Harriet, the leader goes over the rules with us about looking after nature. We all have to wear warm clothes and sensible footwear as we are outside all day. We play some mini games when we get there to warm up like 'tag', 'stuck in the mud' and 'Eagle Eyes.' Eagle eyes is a game where when someone is on you are standing with sticks around you and you say "eagle eye are closing for...9.8.7.6.5.4.3.2.1" seconds then you have to try and make it to that person and tap their hand and say your name then you have to hide before the person say eagle eyes are opening. It's a lot like hide and seek. We do something called 'My Project' we can choose anything from wood carving, making a fire, building dens and putting a hammock up. I chose to make a fire and Demi made Christmas decorations from clay. We have to work together when we do the projects and when we tidy up at the end of the day. Demi says it's good practice for when she goes camping next April. I think it is good for learning new skills that might help when you go walking or camping.

- James 8W



James used a forest steel, cotton wool and some tinder he collected from the woods

## ZUMBA! ZUMBA! ZUMBA!

The sensory curriculum has grown this year and a new element has been added. Weekly 'Zumba' sessions cater for our students who have significant learning difficulties and follow the green, blue and indigo pathways. The main aims of the session are to develop communication skills, co-operation, confidence and independence through familiar songs that focus on movement. Boyd, Zain, Saarah, Katie, Bobby and Imogen have worked on communication skills and have learned have been able to learn all of the dance and activity routines through repetition whilst having great fun!



Sit up and put your hands in the air

Move the circle round and around



Boyd chose who to pass the ball to his friends



Friends of Sir Parsons School News ...

We have had another successful term fundraising for our school charity. With the play equipment now being all installed or awaiting installation early February, we have now launched our brand new fundraising initiative which is to buy a new school minibus to replace our oldest bus which is a whopping 18 years old!!! Whilst it is roadworthy it is costing a lot of money to keep it safe so we have decided to set ourselves a new challenge of raising £16,000 towards the cost of a brand new bus. This term we have had three big fundraising events. In September we had a committed group of twenty friends (both adults and children) who volunteered to run the Mini, Junior and Great North Runs. Their efforts managed to raise over £2,300 so far. More recently, students were invited to carol sing at Asda at the Fossway for the third year running. Generous shoppers donated £300. Finally our Christmas Coffee Morning was extremely well attended. Parents and carers enjoyed catching up. This event raised a record breaking £2104.13 Thank you for all of your support in helping us to help our very special young people.



## lest we forget

St. Gabriel's church in Heaton were remembering people who died in the First World War. They were doing it for Remembrance Day which is the 11th of November. They made it special by putting poppies around the font and inside the font. We use poppies because they remind us of soldiers who died. They asked people and community groups and our school to



make poppies with all different designs and textures There were some made of tissue paper or just with paper and some people had knitted some. We went to see the poppies and we could see the ones that people from our school had done. It actually looked really good. It was a nice church to visit as well. - Lukas 10M and Molly 10S



On a Thursday I have trumpet lessons in school. John is my trumpet teacher. He teaches Holly, Tom, Michael and me. When we first started the lessons we had to learn how to hold and blow the trumpet. Now we are learning how to play the notes E, C and B by changing our fingers on the valves. I am having fun doing trumpet lessons. Trumpet is the best instrument. I really like playing the trumpet. I'm looking forward to playing in a concert. - Rebecca, 10G



## Noisy Questions!

In September we had six new members of staff join SCPS team..

Bailey from 10M was our roving reporter and came up with some interesting questions for 60 second interviews to help us get to know a little more about them:

Mr Perry - Humanities teacher and 8CW pastoral



- Do you have any pets? Yes I have a rabbit
- What's your favourite food? Pizza
- What's your favourite film? Caddyshack
- What do you like about school? The students
- What football team do you support? Sunderland
- Cheryl - LSA year 8
- What's your favourite time of year? Summer
- Do you like the film 'Pitch Perfect?' Yes
- Where would you like to go on a school residential trip? Beadnell
- What do you like to buy? Clothes
- What's your favourite shop? H&M
- Miss Clark - Literacy and English teacher, 6C pastoral
- How long does it take you to get to school? 20 minutes
- Where would be your favourite place for a holiday? America
- Do you have any pets? A dog
- What's your favourite colour? Pink
- Do you like our school? Love it!
- Jonelle - LSA year 7
- What's an unusual fact about you not many people know? I have metal in my back
- What food do you not like? Sausages
- What's your best friends name? Stacey
- What's your favourite TV show? Emmerdale
- What do you like to do in your spare time? Relaxing
- Lyndsey - LSA year 7
- What was your favourite thing at the Christmas Coffee Morning? Cake
- What kind of car do you have? Silver Ford Fusion
- What kind of music do you like? Pink
- What's your favourite drink? Tea
- Do you like swimming? No
- Esme - LSA year 7
- Do you have any children? Yes
- What's your favourite chocolate bar? I don't like chocolate
- Are you good with technology? Yes
- What do you want for Christmas? Earnings
- What's your favourite pizza? Hawaiian



