

Sports News



Dance City - Emerging Young dancers project



After attending a workshop at dance city, Katie in 8B was chosen to be part of a project called 'The Emerging Young Dancers'. This is a very elite group of students from across

the North East, who have shown potential within dance. Katie has been attending weekly training sessions and has now had numerous performances where she has been able to show others the skills and techniques she has learned. A fantastic achievement from Katie, keep up the good work!

Sports Day 2018

This year Sports Day was on Wednesday the 11th July. There was lots of activities through the day and we got started straight after pastoral time. My first activity was karate in the heart and then we had a break time. And then we did swimming. We did races practising our back stroke. After dinner we went dancing with a lady called Leanne who came in. The dancing was my best bit of the day. We were dancing to Spanish type music, a bit like Zumba dancing. It was weird but funny. The last bit of the day we went back to pastoral and we looked at pictures of the day. Some other people had done yoga, boxing, team games and rounders on the MUGA. I think I would like to do more dancing and get really good at doing the floss. - Lukas, 9M



Kojin warm up & Robbie, Rohaan and Ellie practice some moves (below)

KARATE DAY

We had a karate day in school. At the beginning of the day we had a whole school assembly. Nikki introduced all of the karate instructor people and they showed us some of the moves and skills that they have learnt. Some of the trainers had been doing it a lot of years, some not so long, but they were black belts. At the end of the assembly they all had a go at kicking a ball from the tip of a sword without hitting the sword. After that people had workshops in the hall in their year groups. I got to do it with them all day because I offered to help because I like doing karate outside of school. In the workshops people did a warm up first then they were doing blocks, kicks and punches. I really enjoyed helping with the Year 7's. I helped some of them practise the moves that they have been learning at Nikki's Kojin Karate group. - Dylan, 10B



Sir Charles
Parsons
School



School News

Summer 2018

Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk



Josh & Emma meet the 'giant snail'. Emma, 9S said "I liked it when the animals came into school. My favourite one was the snail because it had a smooth shell. I didn't like the spiders very much."

In humanities we have been learning about rainforests. A rainforest is like a jungle in different countries that are in the middle of the equator, in places like Peru and Africa. A rainforest is made up of the canopy, the emergent, and the forest floor, and lots of animals and insects. As part of our learning, all of the Year 9 classes got to see the Bug Guy who came in to school with lots of creepy crawlies like the ones you might find in a rain forest. He told us that some of the insects can be very poisonous and can contain diseases, some might even be able to kill you! He brought in gigantic stick insects, the female one had a massive spike. He also had a snake, a millipede and snails. The snails weren't like ones you would find in your garden. They were from Uganda and they were massive. We didn't hold the snails because they were very slimy but we touched them. The one we saw was the size of the man's hand.



I really enjoyed it all, I wasn't scared of any of the creepy crawlies and my favourite bit was holding the snake around my neck.....but we didn't get a picture of that! - Josh, 9S

Sensory Trail

Over the past year the outdoor area of the school has changed extensively with the play equipment that has been installed. As part of the ongoing work of our inclusive outdoor space we want to create a multi-sensory trail. As part of our research into this, students went to explore the 'barefoot trail' at Cragside. Everyone had a great time taking part in what was a new experience. Students and staff have come away with lots of new ideas to feed into this project.

Here, Keirian tells us a little bit more about the day.

In May I went on a visit to the National Trust at Cragside. We went to have a go at their Sensory Barefoot Trail. When we got to Cragside Andrew had to drive the bus really carefully because the road was so skinny. When we found the trail we took our socks and shoes off. We walked on different bits of the path. First pebbles, then stepping from log to log. Then lines of branches in the ground. After that it was water and mud which felt weird to walk in. At the end of the trail you could wash your feet with the hose pipe. Emily squirted some people. - Keirian, 10P



Emily & Kierian explore Cragside's barefoot trail



On Wednesdays I have been having some work experience at St. Anthony's of Paudua in Walker. My job has been working in the café. On Wednesdays the café has lots of old people who come. When I first get there I help the manager, Courtney, get some games out like dominoes for people to play. The visitors in the café do some exercises when they are sitting down on their chairs and I join in with that. When it gets to 12 o'clock it's dinner time. There is a choice of two dinners to choose, like pie or sausage with mash and beans or peas. I ask some of the visitors what they would like and I go and get it for them. When everyone is finished I help to clear the tables and then give them a rub over. I have got to know Pat, John and Beth well because they come to visit every time I am there. - **Letalia, 11W**



I did my work experience at Hair 265 on Shields Road. I went on a Tuesday morning for a term, Rosie and Judith took me then brought me back to school for lunch. The manager was Tracey and there were also hairdressers Gemma, Paul and Jessica who worked there and helped me. When I was there I was in charge of getting the hair dyes ready, folding the towels and sweeping the floor to keep the salon looking tidy. Also when customers came in I had to ask them if they wanted a tea or a coffee and then I would make their drink for them. Sometimes they even got a biscuit. Because I worked so hard I got a free fringe trim. I really enjoyed being there because I liked all of the staff there. - **Marek, 11G**

Manager Tracey said 'Marek really enjoyed his time here, he enjoyed preparing the dyes for the stylists to use with staff help. The customers took a shine to Marek and were really friendly, he even got some tips!'

The World of Work

My work experience has been at Liberdade in Gosforth. Liberdade is a centre for young adults with additional needs. My placement there has been to work as a health and fitness coach. I start my group off with warm up exercises including arm and leg stretches. I've been leading groups of around eight people to play basketball, practicing shooting, dribbling and passing the ball. The other job I do there is getting the hall ready by setting cones out and making sure the equipment is ready for the activities. There is a café there I use and at break times I meet up with Adam who is also on work experience there.

I have enjoyed my placement at Liberdade because I like keeping fit myself so it's been a good choice for me.

- **Dominic, Walker Tech 6th Form**



CLASS OF 2018 LEAVERS Prom

We had our leavers' prom on Friday the 13th at The County Hotel in town. A load of people from school went and they were dressed really smart. The girls had dresses on and the boys had suits and ties and smart shoes. When we went in we got a reception drink which was a non alcoholic cocktail called a mocktail. We had a DJ to play music and he played songs that we asked for like 'Mar's Not Hot' and 'Islands in the Stream' and Cameron sang along on the mic to that one. There was a buffet on with different kinds of sandwiches, chicken, pizza and cake. Different families sat together on round tables. The adult family members talked and talked whilst the students and kids danced. We did photos at the back of the room on a photo booth where we could dress up silly. Everyone had a great night. It was a double celebration for Holly because it was also her 16th birthday on the same day!

- **David, 11G**

Happy 16th Birthday Holly!



Some of our super-smart young men



NHS 70

As part of the celebrations for the NHS' 70th birthday, we

were lucky enough to have two guests who work for the NHS.

Josh tries out the uniform and Adam has a go in the drivers seat



Today we had some visitors come to sixth form. They were Al and Leanne from the North East Ambulance Service and they came in their ambulance. Al is an emergency care assistant and he works with the paramedics, he drives the ambulance and puts the siren and blue lights on. Al asked if any of us had ever driven an ambulance.

First of all we talked about what you would have to do if you ever had to ring for an ambulance. When you ring 999 the person will ask you some questions. Where are you? What is wrong? Who are you and who else is there? While the ambulance is on it's way the person on the phone will keep talking so they can help you. You might need to ring if you have banged your head, fell over or been in a car crash.

Al and Leanne showed us some of the equipment they use. There was a monitor, defibrillator, oxygen machine and pads with red, yellow, black and green wires on which check your heart and breathing. Al said it was important to put all the equipment away nice and tidy so at the next job it's quick and easy to get to. Then my favourite bit. We got to wear the ambulance persons jacket and helmet and see what it was like to sit up in the driver's seat. - **Josh, 6M**



HAWKHIST- KIELDER



Courtney tries her hand at hitting the bullseye

In April, Year 11 went to Hawkhist in Kielder. When we got there we went down to a lake and got onto two boats and had a race to the island. We spent some time in the lodge and had some tea. At night time we played some games in the woods and went down to the lake to throw in some rocks. Then we watched the stars. The next day we went on the zip wire. Some of us were scared but others loved it!

Some of us had a go at archery and enjoyed that too. In the afternoon we walked to the bird of prey centre. We got to hold owls and feed them. That evening we had a campfire and learnt some new songs which we sung with the instructors and did some dancing. We toasted marshmallows over the fire too. On our last day we made bread over a fire and went into the woods to make a shelter. We made friends with students from another school. We had a great time and would love to go back again! - **Courtney, 11G**



I have been going to Shipley Hall Art Gallery on Thursday afternoons with some other students to do some Art

Therapy. In Art Therapy we have been learning about our emotions. We thought about all the different emotions and drew faces to go with them. We drew body maps and illustrated what happens to our bodies when we feel different emotions. We looked at what colours might represent, a mood or feeling and drew pictures.

We then talked about the pictures and interpreted what they meant.

We also drew a volcano and put emotions, feelings and changes in our bodies around it. This helped us understand anger, how to recognise it and how to control how we react. We have used chalk, pastels, paints, markers and pencils to complete our work.

- **Connor, 11W**



HUTTON ROOF

All of the Year 12, 13 and 14's from Sir Charles Parsons Sixth

Form at Walker tech went for a three night stay at Hutton Roof. Hutton Roof is not far from Keswick in the Lake District. The centre we stayed in was big with bedrooms that about eight people could share!

On the first night we went to the pub to chill out, some people watched the football, some people played darts and pool. On Wednesday we all went to Blackpool Pleasure Beach. There were different rides and everybody found something they liked, some were scary, some were very fast and some were slow.

That night we had a camp fire and chatted about what we had enjoyed that day. Then we went for a midnight walk. On Thursday we went to see animals at The South Lakes Safari Park. There was loads to see; leopards, otters, monkeys, lions and giraffes.

Afterwards, back at the centre we played 'Nominations' which was good fun.

Back to school on Friday, shattered after a busy but fun week! - **Adam & Justin, Walker Tech 6th Form**



BBQ Time in The Lakes!

SCP Kids Zone Answers

1. Ambulance	2. Dance City	3. Karate	4. Work Experience
5. Rain Forest	6. Rain Forest	7. Rain Forest	8. Rain Forest

Word Jumble -

1. drums	2. snails	3. stick insect	4. lawnmowers
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Criss Cross -

Across	Down
1. Ambulance	1. Ambulance
2. Dance City	2. Dance City
3. Karate	3. Karate
4. Work Experience	4. Work Experience
5. Rain Forest	5. Rain Forest
6. Rain Forest	6. Rain Forest
7. Rain Forest	7. Rain Forest
8. Rain Forest	8. Rain Forest



Come & Try

This year some students were able to be part of 'British Cycling's Come and Try Day' within school. During the day, they got the opportunity to work on two wheel and three wheel bikes, where they learned about bike safety, bike skills and bike handling. The idea of the day was that students were able to try cycling in a safe environment, with the hope that they will be able to take these skills and use them in and out of school. All students had a fantastic day. Thank you to Adam and Melissa from British Cycling, for coming into school.

Year seven were the first students to do the 'Try Day'. Adam and Melissa checked our helmets before we went outside. We had to get a bike each and check the front and back wheels to see if they were pumped up. We checked our pedles could turn and our seats were the right height. There was an oval shape made of cones on the ground, we had to ride around them and stop when Adam said, by using the brakes. Then we had to go around again and this time he blew his whistle to make us stop. Next we had to ride carefully in and out of the cones in a zig-zag pattern. When we were good at that we had to go around a much bigger course past the swings and where the school buses go.

At the end we had a race. I had to go near the back because they said I was so speedy. I came second!

- **Connor, 7CW**



Carefully around the cones!



FOSCPs continue to raise funds by recycling used textiles. Look out in the new term for bags coming home for any donations.

Letter from the Head



Dear Parents & Carers,

It's been lovely this term to end with so many dry and sunny days. The end of year visits out of school have been to parks, beaches and outdoor events - it was even dry for the year 7 picnic and sports day!

The visits out of school to museums, shops, heritage sites and adventure parks are key parts of our curriculum, opportunities for the students to develop their life skills and prepare for life after school. This part of our curriculum is important to us and something we want to keep and develop. The school minibuses make these experiences possible for many of our young people and help to make it possible for us to offer residential visits.

There has been lots in the news this year about the funding pressures on schools and the budget cuts within local authorities. Often it is the 'extra-curricular' parts of school which are affected when money is short, the bits that aren't seen as essential. To us, these are essential, the chance to experience life outside of the school building, to share experiences with their friends and go on holiday with their friends are opportunities which often aren't easy for our students to access except through school.

We really appreciate the support provided by the contributions from parents and carers for these trips and out of school events. We are also very aware that many of them wouldn't be able to happen at all without the support of the Friends of Sir Charles Parsons and the wonderful work they have done raising funds for the school.

Thank you to everyone for who has supported the school and the FOSCPs this year, by providing donations and attending events. It's terrible that we have to rely on fundraising to provide what we consider to be an essential part of our curriculum, but we really appreciate the fact that you help us raise these funds.

Good luck and best wishes to the staff and students who are leaving us this year and moving onto new adventures. Make sure you come back and tell us all about it!

I hope everyone has a great summer and I look forward to seeing you all again for the start of a new school year - and the official opening of the completed outdoor play equipment.

Karen Hamilton

Head Teacher



Lawnmowers Drumming

On Thursdays I have been going to 'Lawnmowers Theatre Company' in Gateshead with some other students from school. I have been learning how to play different types of music on the snare drum, Djembe drum and the cow bells. King John has been playing the glass blocks and pipes. Everybody has had a go at all of the instruments. We have learned how to play 'Jaws' as a band as well as 'A&R' and 'Funk Masters'. My favourite is 'Jaws.' - **Ethan, 7W**



Ethan & Antonio have learning the drums at Lawnmowers



Friends of Sir Charles Parsons School news... following the delays in the safety surfacing being installed on our new swing park the area is now complete! The students have had great fun using the wheelchair accessible swing and two standard swings. Andrew, from 7CW says 'It's really good because it's funny when you get pushed. It gives me a bit of a funny

tummy but it makes me really happy. I can pull the rope a little bit myself and sometimes I like to get pushed but not too high.' The next phase will see a tyre park installed, which will be finished over the summer ready for the students return in September. Meanwhile, our fundraising work continues most recently with our Summer Coffee Morning that raised over £1,435 for our charity. **Special thanks to one of our year seven parents, Tracey Warner who has worked extremely hard ensuring we had all of our fantastic prizes for our summer raffle donated by many local businesses. The raffle in total raised £621!**

Our work will continue in the new term with ten adults, five junior and five mini volunteers running in this years Great North Run to support our charity.



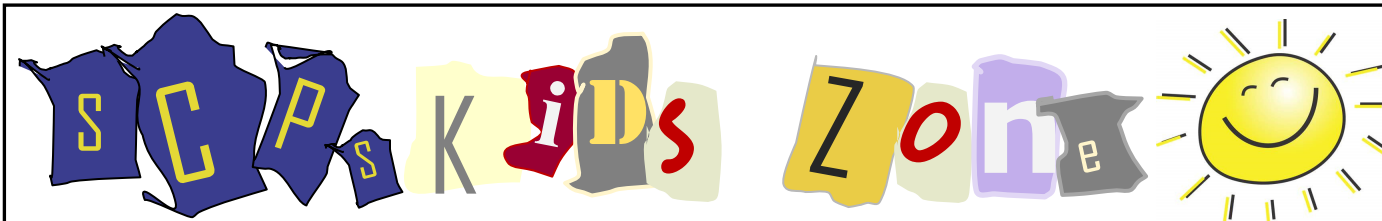
Trumpet Day! King John & Antonio play at the event

We went to Northumbria Sports Central to play our trumpets. Me and Antonio have been having trumpet lessons with John for lots of weeks in school. When we got there, there were loads of people playing different instruments, like ukuleles and trumpets and trombones which are skinny and long. Everyone had their own instruments from their own schools. We had to play theme tunes. We played Mamma Mia. We took turns playing in groups. Like the people with trumpets and trombones played together and the people with ukuleles played with some drummers. There were lots of teachers watching and my mum came to watch me too with lots of other parents. I really enjoyed it because I like music. I want to continue to play the trumpet next year.

- **King John, 7A**



Yusef loves our new accessible swing!



Summer News Wordsearch

v	e	o	a	p	b	i	a	t
a	o	k	m	r	u	r	m	r
r	o	b	h	o	m	f	z	u
d	r	u	m	m	i	n	g	m
c	y	c	l	i	n	g	s	p
z	c	r	a	g	s	i	d	e
z	i	p	w	i	r	e	x	t
h	e	a	b	x	t	x	g	s
o	b	s	a	f	a	r	i	v

Find the words all about School News!

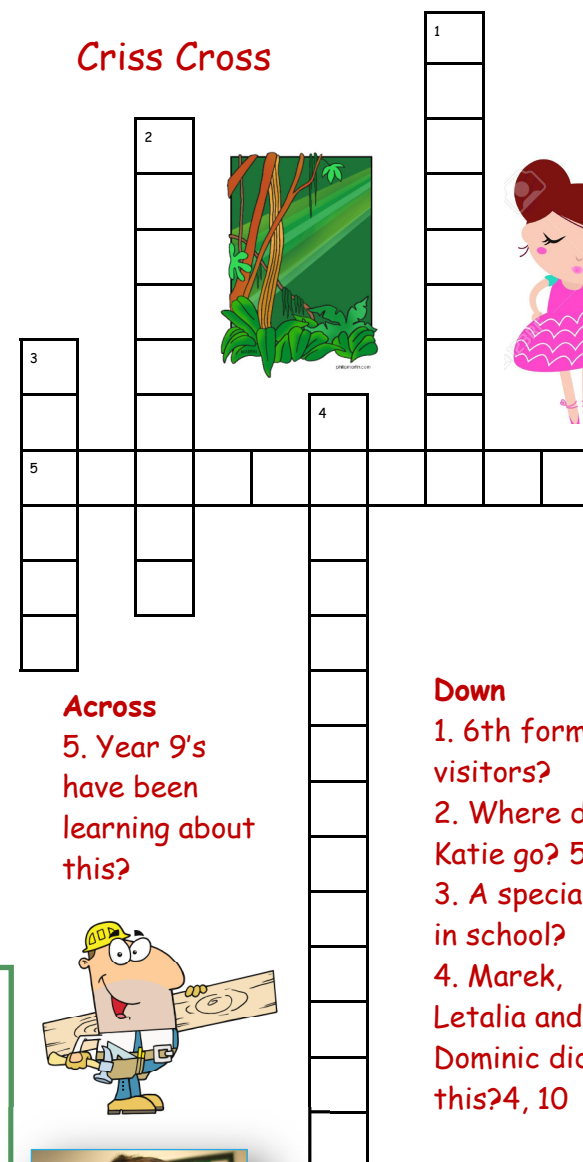
trumpets cycling prom
zipwire cragside drumming
safari

Word Jumble - Can you un-jumble these news related words?

1. srumd
2. lians
3. stink sectic
4. swarl woman

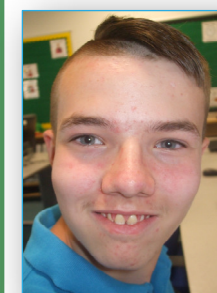
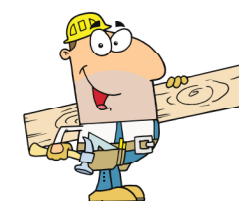


Criss Cross



Across
5. Year 9's have been learning about this?

Down
1. 6th form visitors?
2. Where did Katie go? 5,4
3. A special day in school?
4. Marek, Letalia and Dominic did this? 4, 10



Johnny's Jokes

Q. Why did the rubber chicken cross the road?
A. She wanted to stretch her legs!

Q. Why did the Roman chicken cross the road?
A. She was afraid someone would Caesar!

Q. Why did the chicken cross the playground?
A. To get to the other slide!

Answers on page 6



Help the giant snail find his way to the tasty mushrooms!