## Monday Memories

Create a memory box or bag of all your favourite things/people you are missing. For example, collect objects, photos, anything that reminds you and save them. Decorate it however feels good for you.

## The sky's the limit

Explore the sky, lie on the ground and see how many shapes or animals you can see in the clouds. You could even take pictures and make them out of cotton wool and stick them on paper.

## Movie Time

Choose your favourite movie and sit down together to watch it as a family. Wrap up in your favourite blanket, with your favourite drinks, snacks, teddy.

## Pizza!

Make and eat together your favourite pizza. Go wild with your ingredients.
Try out what the food feels like and tastes like. You could even try a chocolate pizza.

## Hairdressers

Create your own hair salon and do each other's hair! Grab the hair gel and accessories. I wonder what wacky creations you can do!
Use a finger to draw a flower on your child's hand; extend this to a guessing game with older children by drawing a shape, number, pattern or creature.

[^0]Let's help every child 4

## General activities 4

Make a den with cushions, blankets, bed sheets, clothes pegs, pillows anything soft!

Do loud singing then quiet singing, or very active movement then slow movement eg. find your favourite song and create a dance for it.

Use face paints together eg. favourite animals. After painting, wash each other's hands or wipe the fingers free of substance.
Or draw each other's faces - you could even do it with your eyes closed!

## Top Tips:

$\checkmark$ Be encouraging and patient when your child is doing something for the first time.
$\checkmark$ Notice when they are really interested in an activity and encourage them to do it for as long as possible.
$\checkmark$ Playing alongside/with your child will support them to remain interested and enthusiastic about the game or activity.


[^0]:    Dance together: perhaps teach your child a dance you did when you were younger. Be willing to learn one from them.

