

Sports News



NEW AFTER SCHOOL CLUBS

This academic year we have seen the start up of three new afterschool clubs, Bollywood and Zumba Dance, Fitness and Martial Arts, and Team Games. The Bollywood dance club has involved the students learning traditional moves to then be able to put into Bollywood Zumba dance routines. In Martial Arts the students have been developing their fitness and muscle strength and coordination. And finally in Team Games the students have enjoyed working and playing together in traditional games such as Duck, Duck, Goose.



Dakota practices his

Dakota, 11M said 'So on Wednesday nights I've joined the new martial arts club. So far I have been learning about Karate. We've done kicking, punching and blocking. At the beginning of clubs we start with a warm-up and have music on. We have to sit on the floor and do a leg stretch, arm stretch, and jogging on the spot. Then we do a fitness circuit using the hoola hoops. After our warm up we go into different karate exercises. Sometimes I wear boxing gloves and somebody holds the pad while I punch it. We have two little breaks to get our breath back and have a drink of water or sometimes juice. It's my favourite club and I feel really much fitter.'

Holly, 9W said 'I started going to Bollywood dance club in September when it started. It's like a Zumba class but with Bollywood music and dance moves. I think it's really good because staff are teaching us how to do the moves so



Libby and Katie have enjoyed learning some



Shark Tag!

that when we watch the videos we can follow the moves a bit easier. We have been learning and practising five different routines and songs. My favourite is Dilber, I have even looked for this at

Students in Year 9 this half term have been challenged to



King John & Aman

really improve their football skills. They have been working hard on their control of the football as well

as passing with correct technique to a partner. They have been working on their behaviour for learning skills including resilience, working together and communication. There has been a real improvement in these skills which has meant when they play a game of football they have been a lot more successful and scored a lot more goals. In this photo King John and Ethan are showing



Ethan

SPACES AVAILABLE

There are a few places still available for the following after school clubs:

Tuesday night: Football and Sports

Wednesday night: Rebound Therapy

Thursday night: Swimming Club and Team Games

In order to help as many students as possible to access the clubs, we continue to offer transport to the west end of the city if required, although spaces available are very limited. The drop off point is the carpark situated behind EDS Electricals and the Balloon public house (accessed via Silver Lonnen, postcode NE5 2HB), at a cost of £3 per trip. This should be paid to the school office either at the beginning of



School News



Winter 2019

Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk



This term we have seen Sir Charles Parsons Forest School move

location. Previously students were travelling to Scotswood Community Garden to take part in Forest School activities. Whilst students loved visiting, the journey meant that there was less time for students to learn new skills.

At the end of last academic year, a new location was identified in Walker that students would be able to easily walk to from school which met Forest School criteria.



Carl gets the fire started!

Two students new to Forest School tell us about what they have been up to.

This term I have been going to Forest School. It's very near to school. We leave sixth form then we walk a short way through some gates into like a forest area with lots of trees and muddy grassy ground. We have done lots of different things so far that I have never done before. My first time at Forest School I slipped five times because there's a gap between the trees and I kept tripping over my feet. I don't slip anymore when I go because I'm used to it now.

One day when we went, it had been raining lots and there was a massive flood. Me and Leon went and stood in it, it was the deepest puddle I have stood in. I was quite surprised when I saw it and shouted Leon across so we could have a photo taken.

I have learnt how to make a fire to toast marshmallows.



Michael worked on building a shelter

We had to use the whittling knives to scrape the sticks then we put the marshmallows on the sharp end and then held them over the flames to toast them. -Carl 10B



We ♥ Bikes! Here in school the majority of our young people are able to access one of our bikes, trikes, go carts as well as the duet tandem cycle. Our bikes and trikes are extremely well used and provide the opportunity for our young people to socialise, as well as developing gross motor skills, or enjoying the sensory experience. Some students have even gone on to complete their cycling proficiency course.



To complete our fleet, and so that every child in school is able to access this worthwhile experience, we are currently

School Dinners

Sir Charles Parsons School now has an online payment system which we would encourage you to use to pay for school meals and for other activities for your son/daughter. We hope you will find paying in this way much more convenient and, from our perspective, it will save us time as well as reduce the chances of money being lost.

We are using a system called SIMS Pay which is very easy to use and will offer you the flexibility to make online payments whenever and wherever you like, 24 hours a day. 7 days a week - safe in the knowledge that payments are secure and use the highest level of card security

**Sir Charles
Parsons
School**





The Friends of Sir Charles Parsons School were delighted to be successful in our application to a London based, philanthropic charity, the Wolfson Foundation for funding towards the cost of replacing our second ageing and unreliable minibus. The charity were kind enough to make a large grant of £30,000 which, together with a £10,000 grant from the Big Lottery and topped up by fundraising by the Friends of Sir Charles Parsons School enabled us to purchase a brand new Peugeot Boxer, seventeen seater



Our brand new bus, ready for action!

adapted minibus. The new bus has an electric tailgate for easy access for up to four students who use wheelchairs. The minibus is very well used for taking students on educational and residential visits as well as work placements and educational opportunities outside of school. Students, parents, carers and staff are very grateful to the Wolfson Foundation and the Big Lottery for support in providing reliable and safe transport for our students.



Two of our lovely volunteers, Becky & Brian with Buzz Bingo

As well as successful grant awards, our team of volunteers have been very busy fundraising in the lead up to Christmas. Our focus remains on fundraising for specialist equipment for all of our students as well as supporting residential visits.

Sixth form staff have been to Buzz Bingo in Byker and



Happy Birthday Daniel!

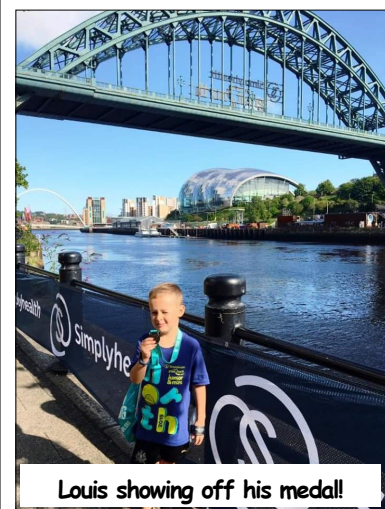


This term has also seen the installation of an outdoor 'mud kitchen'. Through fundraising 'The Friends of...' were able to supply the materials, whilst a member of staff's skills were put to good use to design and build the kitchen. A local charity



David cooking up a storm in the outdoor mud kitchen!

(The British Heart Foundation) donated lots of utensils, pots and pans to use with the kitchen. The mud kitchen, like all of our equipment, will be well used in a range of situations. Not only does it provide social play opportunities, as well as sensory experiences. But it will be used in a more structured approach in a range of lessons. For example literacy, maths, science



Louis showing off his medall

and computing are already planning activities for the warmer weather, around functional skills such as measuring, problem solving and reading and recording instructions.



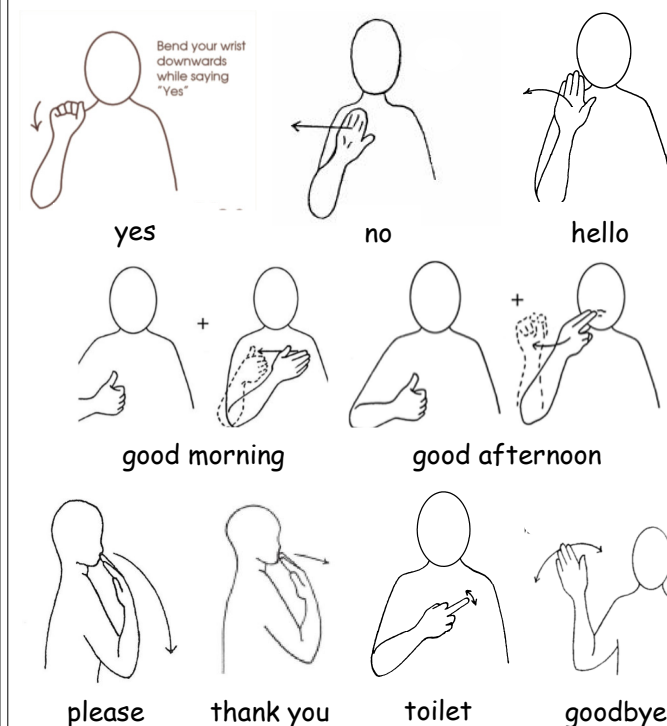
A huge thanks to all parents, carers and friends of the school who supported our 'Aldi Sports Kit For Schools' in donating over 450 Olympic stickers.



Makaton is one of the many communication methods used by students and staff

in school. Makaton signing can be used by non verbal students, however in school all students are encouraged to use it as it not only supports their verbal communications but also ensures that communication around school inclusive (all students are able to understand and join in to the best of their ability).

Staff have weekly training in Makaton, delivered by trained staff in school. Following on from recent CPD opportunities for parents and carers in e-safety and behaviour management, school intends to run some Makaton training sessions for families. Training could be offered either during the school day or after school, running alongside after school clubs. We would appreciate it if parents and carers could give this matter their consideration and feedback to school



Advert by Antonio, 11M



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Thanks to everyone at Vision for Education for the kind donation of a luxury hamper which was raffled at



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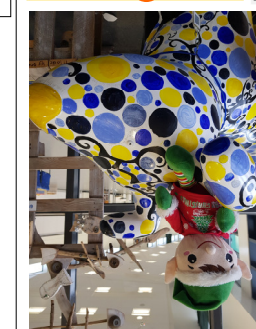
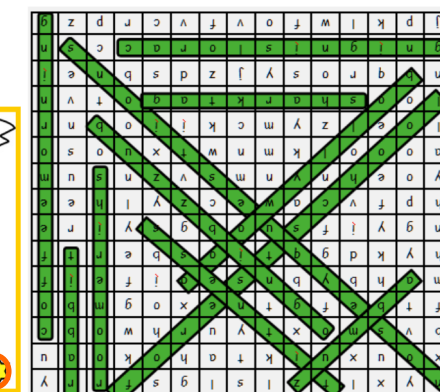
eastendwomen@buildingfutureseast.org

Newcastle East End Women

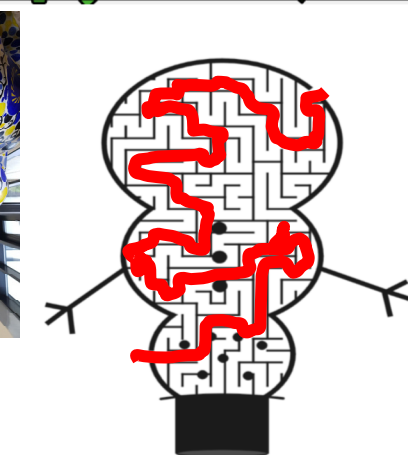
East End Women offer a range of free activities to women in the North East. They support women to achieve their full potential through social, art, fitness and creativity activities.

In the New Year Claire and her team will be holding 'find out more' sessions in school. Dates will follow, why not come along for a cuppa and see

puzzle



Missing Letters
football
disco



Raising Awareness and fundraising at Sir Charles Parsons School

Here at Sir Charles Parsons, recognising charity days supports our students' knowledge and understanding of the wider world and is a fun way to raise funds and awareness for other valuable causes.

This term we have had some whole school awareness days.



In October, we supported Young Minds Wear Yellow day to raise awareness of

World Mental Health Day.

In November we had a non-uniform day for Children in Need.

In December, we dug out our Christmas jumpers to support Save the Children.

A big Thank You to you all for your donations, combined, we have raised over **£400** for these important charities.

In addition, during the summer holidays, many of our students took part in summer activity days. On one such day some of our students who are wheelchair users were able to enjoy the beach at Whitley Bay thanks to



Yusef loved dipping his feet in the

SO LONG, FAREWELL...

After working in our school as a learning support assistant for a long time, we will be saying goodbye to Marie at the end of term. Marie currently works in

8K. Richard, 9A, went along and found out a little more about her plans for the future.

How long have you worked at our school?

I came on supply for a year then I got the job, I have been here for eight years now.

What was your last job?

I worked as a flower arranger.

What's your favourite thing about school?

All of the lovely students!

Why are you leaving?

It's time for a new career.

Latest News



This week Ellie, Nathan and I were invited to go to Cafe Beam in Gosforth which is run by the Smile for Life Charity to meet

Lee Ridley - the Lost Voice Guy. He is famous because he won Britain's Got Talent in 2018. He is really funny and he is my favourite comedian. He can't speak but he uses a VOCA to talk by typing in what he wants to say and presses a button so that the machine reads it back. Lee has written a book about his life and he was selling them at the café - he even signed our copy!

We were very excited to meet Lee. I think that's how women must feel when they meet their movie stars! We are like movie stars, too, because we were on the BBC and ITV news with Lee! You can



This is when Ellie, Nathan & me met up with Lost Voice Guy Lee at Café Beam.

On Wednesday our Singing and Signing group were invited along to Intu Metrocentre to perform some Christmas carols whilst FOSCPs volunteers held donation buckets. Emma, 7W said 'It was amazing. We were up on a huge stage in front of millions of people. We sang and signed to carols like 'Away in a Manger', 'Love Shone Down'



A huge thank you to everybody who came along or supported our Christmas Coffee Morning on Thursday. We had a tremendous turnout and it was great to see so many of our new year seven parents and carers come along. At the final

New Adventures!

Some of our students in year 8 have been accessing Shiremoor Adventure Playground. The site comprises of a large outdoor adventure play, camp fire area, football zone and wild spaces like willow tunnels, den building areas and a pond. Students are encouraged to get hands on with the animals including Guinea pigs, rabbits, chickens and pigs.

Adventure and challenge are central to our sessions and through play the children are encouraged to assess risk for themselves. These sessions will take place come rain or shine allowing the children to build their resilience. 'I have been going to Shiremoor Adventure Park on Monday afternoons with some other Year 8



Cuddle time

students. When we have been there we have been playing games together like tag. They have lots of play equipment and things to climb up. They have got loads of bikes and scooters to play with. I really like



Harley explores the climber

Letter from the Head



Dear Parents and Carers,

Schools are busy places with lots going on, lessons, activities, and visits out of school and visitors into school. Over the course of the school year we try to ensure that all students have the opportunity to take part in a wide and diverse range of activities and experiences, from concerts and art projects to residential trips. The school year started with a year 8 residential to Beadnell, which was a great success, as always. Students also supported local authority staff at the Newcastle Inclusion Conference held at the Gosforth Marriott in September. Helping with signing in and directing delegates around the venue. Delegates and local authority staff were overwhelmed by how hard the students worked, their politeness and maturity. It is great for students to have opportunities such as this to develop confidence and use the skills they learn at school in practical situations.

We also like to encourage parents and carers to join us in school for different events. The term started with an opportunity for older students and their families to explore options for life after school at the annual transition event held in school. Every year we try to increase the information available at this event by inviting colleges, education providers and other agencies who work with young people and adults with special educational needs to come along. Feedback from parents and carers always highlights how useful this event is, providing an opportunity to meet and ask questions of lots of professionals all in the one place.

Information sharing has been a theme this term and is something we want to develop. You may have noticed information coming home with your child about training and information events being offered in school to parents. School staff are provided with regular training and opportunities to update and refresh their skills and knowledge. Where we can, and where we think parents might be interested in this training or information, we will provide opportunities for parents to come into school and join us or take part in sessions planned specifically for parents.

Sessions so far have been about e-safety and have been offered as evening sessions and during the school day. We hope to offer more sessions and would appreciate any suggestions from you about content and timing. We have also had more family events this term with a very successful Halloween disco where students and their

Preparing for Adulthood



Since September we have further extended our curriculum to include Skills for Life for identified students. This new development in school is to support the work around 'Preparing for Adulthood' which feeds

In year 10 Skills for Life we did a project using functional numeracy skills. The project was us making a model of the school using 3D nets. First we had to measure the base of the school with trundle wheels to get the length and the width. To measure the height of the school we made clinometers and used them outside to get the height of the walls. When we had all the measurements, we drew out the shapes to make the nets which we then folded into 3D rectangles or cuboids. We put the shapes together to make the school model and decorated it. I think the end



Year 9 S4L measuring and drawing their nets.



The finished school building!

Antonio has been on work placement to the Howdon Hub community centre café. He has been helping the staff to take orders, make food and drinks, serve customers, check stock and tidy and clean up.

Heather Petch (catering manager) said Antonio is one of the best students they have had working there and asked for Antonio to come back and continue his placement with them. Antonio will be working there again after Christmas! Well done Antonio!

Antonio said: 'I liked helping the customers and meeting new people every Friday. I enjoyed making drinks and

As a part of their lessons, the Skills for Life group plan out and then undertake a variety of journeys to different destinations, including the airport, the Metro Centre, the Baltic and the North Shields local and main ferry terminals. The students have also created vocational profiles ready for when they go out on work experience. A lot of the students will use this travel training practise to learn to travel



Checking the planned route on the Metro map.

We have, once more had the pleasure of working with a variety of companies and dedicated mentors, employers and educational staff to provide safe establishments for our students to learn new skills in the world of work. As well as gaining work experience skills the students grow in confidence, meet new people, and have a sense of responsibility and independence. So far, this academic year, we have worked with the Tim Lamb Centre, Howdon Hub community Centre, St Oswalds, Marie Curie, Vision for Education, St Anthony of Padua, and the Baltic. We also work with Project Choice who have created some fantastic opportunities for our year 12 and 13 students. They are a 'work based programme' who equip young people with learning difficulties with the social and work-based skills needed to enable them to understand the pathway to employment'. (Project



Antonio confirming orders on the till.

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SCPS
Winter
Wordy

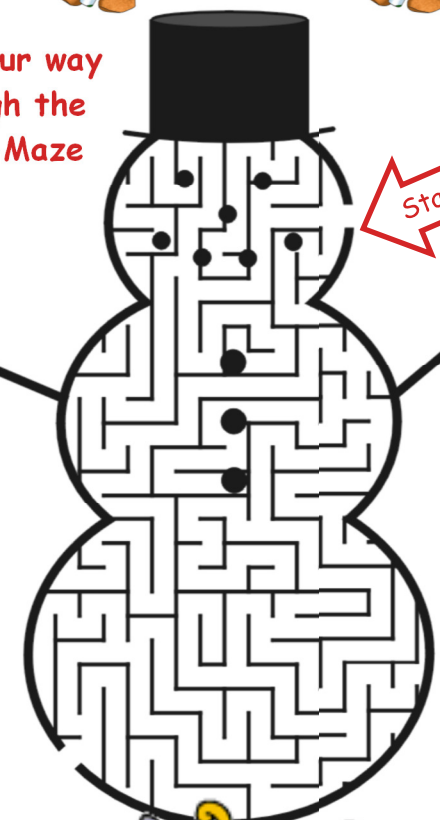
Can you find
the hidden
'School News'
words?

bollywood
buzzbingo
carolsinging
coffeemorning
fitness
forestscool

Snowmen Spot the Difference-
Can you spot 8








Find your way
through the
Snow-Maze




SCPS Christmas Puzzle Page

Colour by Number

- 1 = 
 2 = 
 3 = 
 4 = 
 5 = 



Can you find the missing letters in our 'newsy' words?

f b 



d s

r b t 

m l 

Look closely...where do you think Clive is



What does Santa suffer from if he gets stuck in a chimney?

Claustrophobia!

What do you call a cat in the desert?

Sandy Claws!

What do you get if you cross Santa with a detective?

Santa Clues!

Who hides in the bakery at Christmas?

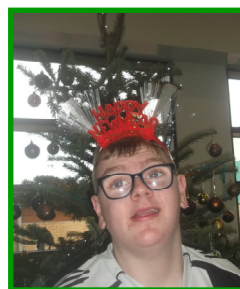
A Mince Spy!

What is Santa's favourite pizza?

One that's deep-pan, crisp and even!

What do you call an elf wearing ear muffs?

Cal's



Christmas Crackers

Spooky Halloween Fancy Dress Disco

I like to dress up as different characters and couldn't wait for the Halloween disco at school. I went as Maleficent, I chose this costume because I really like the head dress. My mam went as a Vampire Queen and my nanna, who is wearing the green hair went



Katie, Mam & Nanna all looking amazing!

good. We handed our tickets in and then I had a go on the games, there were skittles, a hoopla and a higher and lower game where you had to guess if the next card was going to be higher or lower. I won some sweets on higher and lower. Next we headed into the disco. It looked lovely with skeleton decorations all over the walls, a creepy man puppet was at the door and there were loads of disco lights. I danced for ages with my mam, nanna and friend Libby. I had a really good night. Katie R - 10B



Emma with her brother Mathew, ready to PARTY!

I went to the Halloween party as a witch. My mam, dad and big brother Mathew came along too and he dressed up as a devil. The heart looked good and some staff were dressed up. Helen was a zombie doctor and Jo went as Chucky. The hall was

E-Safety

The last few weeks have been a time of great excitement for many of the

students, with them listing the many gifts they are going to be asking Santa for. Inevitably in this day and age there is a lot of technology mentioned on the lists with many students asking for new mobile phones devices or games consoles. As well as this there have been a number of students talking about new computer games that they would like too.

As always we would suggest that parents and carers take heed of the age restrictions which are placed on these games.

The National Online Safety website provide a lot of detailed information about supporting young people in the safe use of these games.

We have provided some tips for two of the more popular games, Call of Duty: Modern Warfare and FIFA

2020.

Call of Duty

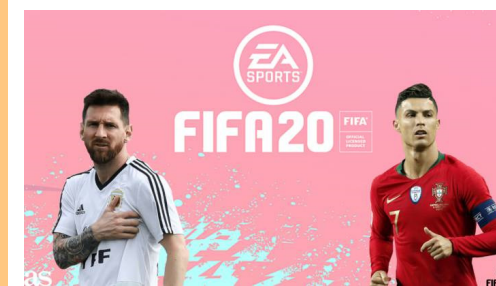
The key thing to be mindful of with this game is that it is actually a certificate 18 game. This is due to many scenes with "violence against vulnerable and defenceless characters, motiveless killing, and strong language".

One of the new features of COD: Modern Warfare is 'crossplay' which means that people can play each other on the game no matter which console they have. This will

be a massive draw for some young people to be able to play and communicate with their friends. Apart from this feature opening up the ability to play with strangers, it also increases the chances of young people becoming 'addicted' to the game as they may find it hard to leave a game that a group of friends are mid-way through.

FIFA 2020

As with any football match, be it on a pitch or virtual, the participants can get very passionate. This can in some cases lead very quickly to aggression, with young people finding it very hard to tell the difference be-



Let's Find Out What Sixth Form Have Been Up To!

Our sixth form students based at Sir Charles Parsons School and Walker Riverside Academy have been working hard this term on some ex-

Clubercise On a Monday a group of Sixth Form students have been doing an Asdan qualification called 'An Introduction to Sport'. The unit aims to develop their awareness of fitness and it's importance in their physical and mental wellbeing. We start every session with a warm up which we plan, choosing activities which everyone can do. We then choose different songs which we would like to dance to. We use Zumba videos so that we can copy the dance moves. To make it a bit more special we set the room up like a 'club'. We black it out and then use disco lights and glow sticks when we're dancing. At the end of the Zumba we do a cool down which we also plan. We listen to calming music while we do yoga poses and make some time to meditate. We always make time in the session to



talk about how we feel before, during and after exercise, and

At the Carwash Our satellite Sixth Form at Walker Riverside Academy have been taking part in a car maintenance and valeting course. They have become very efficient at valeting the school minibus and are hoping to move on to valeting cars after Christmas.



'My dad does car valeting and I was interested in it so decided to do the course. I have had a go at doing everything, even checking the engine. We checked the water levels for the window wipers and also for the engine. We also had to check the oil by lifting the dipstick. I had to remember that if the sponge dropped on the floor we had to wash it out or get a new sponge so that we didn't scratch anything. We have a proper jet washer that I'm really looking forward to learning to use.' - Marek
"I wanted to do the car maintenance course because I wanted to learn more things because when I'm older and I have my own car I will know what to do myself. We spent time cleaning the minibus inside and out. We swept the floor and made sure that the tracks were clean. The tracks are the bit where the seats fasten in and out and also where wheelchair

Delicious Delights On Thursday mornings we have been running an enterprise project 'Delicious Delights' which has seen a group of students set up and run a successful breakfast catering venture for staff. Over time students have developed a number of skills in the planning, preparation and delivery of the food items, whilst following good food hygiene practise. The sandwich round is now in profit, which will be used towards Sir Charles Parsons Sixth Form's residential to Calvert in March.

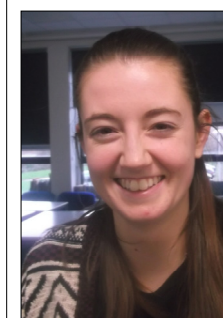


Josh tells us all about it...
'The whole thing starts on a Monday when we deliver the order forms to the staff. The choices for a hot sandwich are sausage, veggie sausage, bacon, egg, mushrooms, onions and hash browns. Once we get the replies back we make a shopping list so we know what to buy at Asda. On Thursday mornings we go into the food tech room and get given a job out of slicing and buttering the buns, chopping the mushrooms, chopping the onion, putting the veggie sausages in the oven, and writing sticky labels with staff names on to put on the wrapped sandwiches. We use spray oil to try and make the sandwiches a bit healthier and cook the sausages and bacon on the hob, with the mushrooms and onions. When everything is nearly cooked we fry the eggs then the next thing to do is to make the sandwiches up with



Nosey Questions!

In September four new teaching and support staff joined our team. Laura and Lynne are support assistants with our new year seven students, Miss Newton teaches Science and English and is a pastoral teacher based in sixth form whilst Stephen is currently working throughout school as a cover supervisor.



Laura

What's your favourite food? - Pizza
Do you have any hobbies? - Running and spending time with my family.
What's top on your bucket list? - Jumping

out of an airplane.

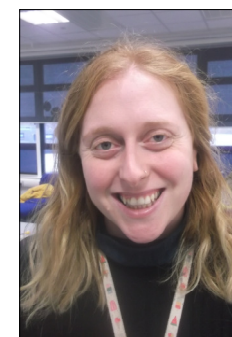
Is there any food you don't like? - Fish
What's your favourite Christmas song? - Merry Christmas Everyone
What's your favourite film? - The Lion King
What's your fear? - Fish
What's your favourite perfume? - Marc

Miss Newton

What's your favourite food? - Cheese
Do you have any hobbies? - Going to the gym, walking and art.

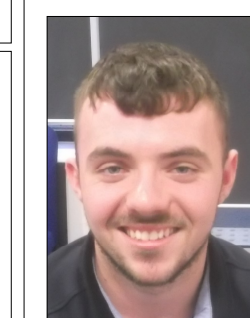
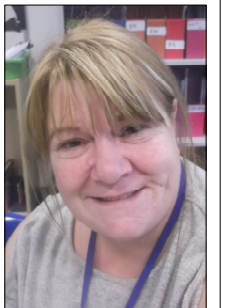
What's top on your bucket list? - Travelling to Tokyo.
Is there any food you don't like? - Sprouts

What's your favourite Christmas song? - Paul McCartney
What's your favourite film? - Toy Story, the first one is my absolute favourite film of all time!
What's your fear? - Heights
What's your favourite perfume? -



Lynne

What's your favourite food? - Indian
Do you have any hobbies? - Swimming and caravanning
What's top on your bucket list? - Going to America
Is there any food you don't like? - Seafood
What's your favourite Christmas song? - Driving Home for Christmas
What's your favourite film? - My Best Friend's Wedding
What's your fear? - Open ladders
What's your favourite perfume or aftershave? - Rush



Stephen

What's your favourite food? - Steak and Chips
Do you have any hobbies? - yes, playing rugby
What's top on your bucket list? - Going to Vietnam
Is there any food you don't like? - Onions
What's your favourite Christmas song? - Last Christmas
What's your favourite film? - Man on fire
What's your fear? - Flying



Advert by
Lukas, 11M

Thank you to Theatre Royal for the generous donation of 'Beauty and the Beast' pantomime