

We can all support and acknowledge children's emerging values, morals and individual ways of doing things. We can all teach children the significance of rules and regulations and support them to develop negotiation skills. Children enjoy sharing their opinions and using their skills.

These activities support social and emotional development through the arts, play and creativity. Remember there are no right or wrong ideas.

Activities:

Go to the GoNoodle website - and take part in the strengthen your focus activity

Create a game with no rules.

Read a book and tell someone about the characters and what happened or write a review.

Create a rap, get others to do it - record it and share it with friends.

Play a game of would you rather. For example would you rather be covered in fur or fish scales.

Try a meditation: <https://www.youtube.com/watch?v=DWOHcGF1Tmc>



General activities 2

Top tips:

- ✓ Draw up a routine of what you will do and when
- ✓ Keep recycling for different crafts
- ✓ The emphasis is to be alongside each others and to ne having fun even if things don't go to plan or someone doesn't win.