PSHE Overview Key Stage 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	**All About Me:** **My family** **Relationships/HRSE**	**Caring For Others:** **Pet Care** **Needs of a baby**	**Bullying** **4 types of bullying and the impact**	**Economic Wellbeing:** **Jobs** **Skills and Qualities** **Aspirations**	**Safety in the Home:** **Recognising danger** **Treating basic injuries** **Following rules**	**Safety in the Community:** **Stranger Danger** **Road Safety**
Year 8	**Healthy Lifestyles:** **Exercise** **Diet** **Hygiene**	**Economic Wellbeing:** **Skills & Qualities** **Aspirations** **Careers**	**Emotional Wellbeing:** **Bullying** **Mental Wellbeing** **Emotional resilience**	**RSE:** **Puberty** **Emotional and physical changes** **Positive and negative relationships**	**Safety in the Home:** **Recognising dangers** **First Aid** **Following rules**	**Helpful & Harmful Drugs:** **Medicines – introduction to drugs education** **Safe and Unsafe** **Who can give me medicines?**
Year 9	**Rules, Rights, Responsibilities:** **Class/School Rules** **Need for rules** **The law**	**Careers & Economic Wellbeing:** **Preparation for Adulthood** **World of Work** **Employability** **Aspirations** **Skills and Qualities**	**Relationships:** **Family** **Friends** **Positive and Negative**	**RSE/ Health & Wellbeing:** **Puberty** **Emotional and physical changes/personal hygiene** **Positive and negative relationships** **Germs & Bacteria** **Sun Safety**	**Drugs, Alcohol, Tobacco:** **Dangers of smoking** **Dangers of drinking** **Legal & Illegal drugs**	**Bullying, Racism, Prejudice:** **Types of bullying** **Racism** **Prejudice meaning** **Discrimination meaning**

PSHE Overview Key Stages 4 & 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	**Personal Identity:** **Self-awareness** **Recognising external factors that affect your behaviour** **Developing strategies to cope in situations**	**Careers & Economic Wellbeing:** **World of Work** **Employability** **Aspirations** **Skills and Qualities**	**Drugs, Alcohol, Tobacco:** **Legal & Illegal drugs** **Energy Drinks** **The Law** **Keeping Safe**	**RSE:** **Intercourse/Pregnancy** **Consent/The law** **Appropriate touch** **Contraception** **Sex and Sexuality** **Understanding gender**	**Choice & Risk:** **Recognising risks to safety** **Online safety** **Relationships/ abusive** **The Law** **Ranking risks** **Making informed choices** **Prejudice & Discrimination**	**The Emergency Services:** **Fire** **Police** **Ambulance** **Equipment**
Year 11	**Prejudice & Discrimination:** **What are the differences?** **Racism** **Bullying** **Harassment** **The Law/Hate Crime**	**Choice & Risk:** **Making good choices** **Recognising risk** **Online safety** **Alcohol, drugs** **Peer pressure** **Financial risk**	**Drugs, Alcohol, Tobacco:** **Legal & Illegal drugs** **Energy Drinks** **The Law** **Keeping Safe**	**RSE:** **Intercourse/ Pregnancy** **Consent/The law** **Appropriate touch** **Contraception** **Sex and Sexuality** **Understanding gender**	**Careers & Capabilities:** **Choices after school** **Employability** **World of work** **Expectations and limitations** **Discussion of wants and needs**	**Heart Start:** **First Aid** **Emergency responses** **Treating common injuries** **Recognising risk**
6th Form	**Prejudice & Discrimination:** **What do they mean?** **What are the differences?** **The Law** **Developing opinions**	**Choice & Risk:** **Making informed choices** **Recognising personal risk** **Peer pressure** **Financial** **Online safety**	**Personal Hygiene:** **Keeping clean** **Using products** **Germs, bacteria** **Sun safety**	**RSE:** **Recap on body parts** **Appropriate touch** **Consent** **Intercourse (if applicable)** **Positive/loving relationships**	**Drugs, Alcohol, Tobacco:** **Smoking** **Drinking** **The Law** **Effects on the body** **Legal and illegal drugs** **Medicines that help**	**The Emergency Services:** **Fire** **Police** **Ambulance** **Equipment**