

Sports day this year took place on Wednesday 12th July. We were extremely lucky as the weather was on our side and the sun was out for most of the day. Students had the opportunity to experience many different sports and worked on a carousel, moving around different activities throughout the day. This year we were able to hire a set of inflatables, a dance instructor and a boxing coach thanks to a very kind donation from 'Smile for Life Children's Charity'. Students were able to try many other activities during the day including Karate, judo, table cricket, sensory rounders, table tennis,



Tac Pac and swimming. All the students had a fantastic time and really enjoyed improving their sport and team work skills in such a fun

environment.

"I really enjoyed boxing with Tom. We had to wear boxing gloves. Tom had pads on his hand and I had to punch the pads really hard. Me and Tom changed round and he punched my pads. I got really hot when I was punching and my hands were shaking." - **Cameron 10G** 



"On sports day I liked all the activities that I did but my favourite was running through the inflatable maze. Me and my friend Terry were being chased by our other friend Tom. We had to keep running around until he found us." - Stephen 7Bk



"I liked the Sumo wrestling. I had to wear a big Sumo suit and it was a bit hard to move. The idea is you have to get the other player out of the ring my pushing them off. My other favourite bit of the day was the inflatable tug of war." - Daniel 7Bk

"In karate we had to do a front kick to hit the pad. You had to keep your arms up in defence. I wore my own karate suit because I have started to go to a club near my house." - **Dylan 9B** 





Thanks to Smile for Life for helping to fund our sports day and making it extra special. Advert by Kierian 9P





## Whitehouse Farm Fun Day

Thanks to Variety Children's Charity ten students were nominated to go along to a fun day at Whitehouse Farm in Morpeth sponsored by the charity.

When we got to the farm we had a health and safety talk from our guide for the day, Gemma. She showed us how to wash our hands properly after you have touched any animals. We had to remember to 'squirt, squirt the soap and wash,



wash, wash our hands and count to ten. The first animals we met were rabbits and mice. The rabbits were soft and cuddly but I didn't want to hold the mice because they were tiny. Next, Gemma brought out a lizard for us to stroke, we had to remember

to only stroke him down his back and not back up because We would all like wish Ms. Warren the very best of luck in lizards don't like you to do that. He felt cool and smooth. her future plans for her retirement. Toriguil and Megan There were other animals in the barn like chipmunks, rats and from year 11 decided to find out a bit about her plans as guinea pigs as well as a massive yellow and white snake that well as asking some of our regular 'nosey guestions!' Gemma said was 10ft long! After this we time in the park and How long have you been a teacher at our school? 28 years, on the go-carts. When it was lunchtime, we went to eat in a since 1989. barn and met some friends from Hadrian school. In the Why did you want to be a teacher? To teach people and the afternoon, we went on a very bumpy tractor and trailer ride students here teach me as well. and had the chance to feed the large animals. First the goats, Why are you retiring? Because I am old and tired. who were very hungry and ate lots of grain then the alpacas What are you going to do instead of coming to school? who had great big eyes. The donkey had a soft nose and liked Sleep to let you stroke them. Ismail didn't like the donkey What's your favourite snack? Salt and Vinegar Pringles.

because it did a loud 'eeyore' right next to him and made him jump. He didn't like the goats either because one tried to nibble his shoe! - Richard 9B





On Friday 2nd June we welcomed our old friends 'The Lions of Zululand' into school to give us a show of traditional African music and dance. For

our younger students and many of our parents, carers and friends who came along, this was their first opportunity to see the Zulu's perform.



Jack from 7B said 'I loved the Zulus when they came to school. They were brilliant dancers. When they brought out a big drum the sound was amazing.'

# GOOD LUCK MS. WARREN

What's your favourite snack? Salt and Vinegar Pringles. What's your favourite football team? Newcastle, of course then West Ham second.

What's your favourite film? O Brother Where Art Thou? Who are your favourite singers? Madeline Peyroux, Bob Marley and Tracey Chapman.



### Friends of

Sir Charles Parsons School latest news.....



Volunteers on our 'Eastern Delights' stall

### - St Gabriel's Church Summer Fayre

The Friends of Sir Charles Parsons School recently had the opportunity to help out at St Gabriel's Church Summer Fayre. The Church, in Heaton invited us along to hold some stalls of our own in a bid to support not only our charity but three other charities in the local area, FOSCPS volunteers went along and held three stalls including 'Eastern Delights' which sold delicious freshly made Indian snacks, 'Name the Bear' and 'Play Your Cards Right'. We received a very warm welcome from St. Gabriel's Missions Committee and visitors from the local community as well as family members of our volunteers. Eastern Delights proved very popular with customers whilst 'Play Your Cards Right' turned out be not as easy as it looked! We all had a great day and are delighted that St. Gabriel's decided to allocate £250 of the proceeds to our Friends of .... Charity.

### -School Photo Day

For the first time at Sir Charles Parsons School we held a school photo day. 'Travelling Light' photography company came along and students and staff had their pictures taken both individually and in class and year groups. We had a good uptake on orders from parents and carers with almost 50% of families ordering single or multiple pictures. Our Friends of charity received 15% of all sales of the photograph orders which raised us over £300!

### -Summer Coffee Morning

Our summer coffee morning was well attended by parents, cares and friends. This year we also welcomed representatives from 'Pass it on Parents' 'Liberdade' and 'The Family Fund' who came along with information on what support their organisations give to families who have children with additional needs. All of the stalls proved very popular with new stalls such as 'bag a bottle' and 'Ice Crean & fruit lollies' making a big hit. Proceeds from the raffle sales and the Coffee Morning raised a fantastic £1576.47! Thank you to all who supported the day.

### Rag-Bag

More recently we have taken delivery of a 'Rag-Bag Bin' in our school. Any clothing, paired shoes, handbags or belts that you no longer use but are WEARABLE can be sent into school in bags marked 'RAGBIN'. Bags are also available from



reception on request. The bin is situated just outside the front entrance of school.

### Prom Pics

As part of the Leavers' Prom celebration we were lucky enough that Morgan Stephenson volunteered his photography expertise. Photos were taken of the students arriving on the red carpet, as well as fun group shots in a photo booth. These images were available to order after the Leavers' Assembly and proved very popular with parents, carers and staff. Thanks to everyone's support we were able to raise approximately £150 for 'The Friends of...'.

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The Friends of Sir Charles Parsons School Annual Sponsored Walk will be held on Saturday 30th September 2017.

Starting at St. Mary's Lighthouse at 11am, the walk will take us along the seafront to Tynemouth where all involved can enjoy a buffet provided at The Cumberland Arms, Front Street. Details about sponsorship forms will follow in September.

### E-Safety - SnapChat

SnapChat is a popular app used by a number of our students. The app allows users to take a picture or short video and send it to another user. Whenever someone receives an image or video they have up to 10 seconds to



view it, after which it is deleted. In general terms, the most appealing feature is the instant gratification received from sharing images with no obvious long term consequences. This feature does have it downsides though which have been widely publicised in the media - particularly around young people sending sometimes inappropriate images of themselves to people they know. It is however possible for the recipient to capture an image by screenshotting and ther storing the images they've received. This raises the possibility of images that the sender thought would be instantly deleted being shared and reaching a much wider audience.

Snapchat's most recent update has a new feature called 'Snapmap' which publishes the user's actual location data, right down to the area of the street they are one. Location data is then available to either the users full friends list or by filtering on certain friends. As we know, many young people, again including our students, will have 'online friends'

who they may not necessarily know in real life. This can obviously put our vulnerable young people in a very real risk situation, by giving out more detailed personal information than they are even aware of. 'Snapmap' can be turned off by enabling 'GhostMode' within Kpub Manay the app. To enter the settings, enter selfie mode and zoom **Hamilton** away with your ♥ 🗿 ... 38% ■ 16:18 ⑧ ▶ ॼ . SNM fingers. This will make ¿oym the map much larger ssana and allow the settings button (a small cog in the right hand corner of the screen) to be seen. We would strongly urge all parents and carers to ensure their son or daughter has 'GhostMode' d S enabled on their device. If you have

any concerns or need support to do this, please feel free to contact Jo Anderson via the school office.



If you would like more information on on-line safety visit www.thinkuknow.co.uk





Sir Charles Parsons School and The Friends of Sir Charles Parsons School associated charity, are fortunate that we have people who already volunteer their own time to support us in terms of our governing body and charity committee members. Additionally, we would love to welcome any new volunteers who have a clean driving licence and maybe able to offer some of their time to our school, in particular to our extra-curricular activities such as mini-bus driving during the school day, after-school clubs or simply offering to transport luggage to and from the many residential experiences we provide for our students. In return we will offer you full MIDAS mini-bus training. If you are interested or would like more information, please contact the school office. Puzzle Time Answers Niana - Aimon, ajck - Jack nagem - Megan, Raiachr - Richard, IaClun - Callum, Letter Tiles 0 1 Н 0

Dear Parents, Carers, Grandparents and Friends,

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Circus Starr is a not

-for-profit organisation which supports local businesses and local children's charities through a

75 venue tour hosted three times a year. Circus Starr operates a unique Donated Ticket Programme that allows thousands of children to attend free shows thanks to the generous support of local businesses who, in turn, enjoy the opportunity to 'give back' to their communities.



One Thursday night the sixth form went to see Circus Starr at Blaydon Rugby Club. We had pizza and garlic bread for our tea in the school then set off. The traffic was crazy trying to get there in time! When

we pulled up to the blue and yellow Big Top, it looked massive. We went in and we had just missed the start of the performance but they had kept seats for us. There

were some fantastic acts there that night. The girl acrobate



were good when they did 'Let it Go' from Frozen and one of them went right up in a big ball and I thought 'she's going to fall' but she never. Some of my friends got popcorn and candy floss at half time but I had took my own sweets that I bought earlier when I went shopping on my Walker Tech. sixth form link day. After that one of the clowns came on again, she was a lady clown called Andreea. She got some of the audience up and made them dress up and do actions from a Star Wars movie. It was class! My favorite bit was the African acrobats who did the 'Lion Kings Circle of Life.' They did a human pyramid, loads of backward flips and handstands over a fast skipping rope. All in all I would give them a 10 out of 10.

### Our Day Out



Yesterday I went to 'Starbowl' in North Shields for 11A's last fun day out because we will be moving on to sixth form in September. Rosie drove the minibus and she did a good job of that. On the way there we spotted lot's of American racing cars and scooters coming off a big ferry. I took a picture of them on my phone. When we got to the bowling alley we split into two teams, girls against boys. Josh got the biggest score after he knocked all of the skittles down to get a strike. Once we were finished bowling we went to a restaurant for our lunch. It was an Italian restaurant called Sambuccas. I ordered potato skins and a huge margarita pizza but I still had room for ice-cream. We came back to school just in time for our busses to go home.

- Aiman 11A

### Nosey Questions from Callum!



In September we will have a new Assistant Headteacher. Mr Pattel joins us from Monkwearmouth Academy and Callum, from 11A, came up with some nosey questions to find out a bit about him.

What hobbies do you have? - I like travelling, photography and walking.

What is your favourite food? - My favourite food is pizza.

What subject do you like to teach? - I like to teach PE. What was your favourite subject when you were at

school and why? -Technology as I like designing and making things. Do you like football and what team do you support? - I like watching football but there is no particular team that I support.







On Tuesday 4th July me and my class went to Pizza Express in the Metrocentre to make our very own pizzas. When we got there were students from two other schools there which were Thomas Bewick and The Bridges The tables were set up in a big square and everyone was given an apron and chefs hat to wear. We all got a piece of dough and we were shown how to squash it and stretch it into a circle and then

how to press it into a pizza tray. Next we spread on some tomato paste and added ingredients like cheese. Our pizzas were put into the oven and they came out cooked perfectly. We brought them back to school and ate them and they tasted delicious. It was an awesome day! - Tom 7T

### Dance City

This term students in Year 7 took part in some dance city workshops where two coaches came in over four weeks working on different dance techniques and routines. The students learned about how to move their bodies in different ways to different types of music. They learned how to move creatively across the room to a slow piece of music as well as copying actions to a fast piece of music. All students showed

resilience and good working together skills. The coaches asked us to pass on a Big Well Done to all students involved



Ryan 6M







Letter from the Head



Dear Parents & Carers,

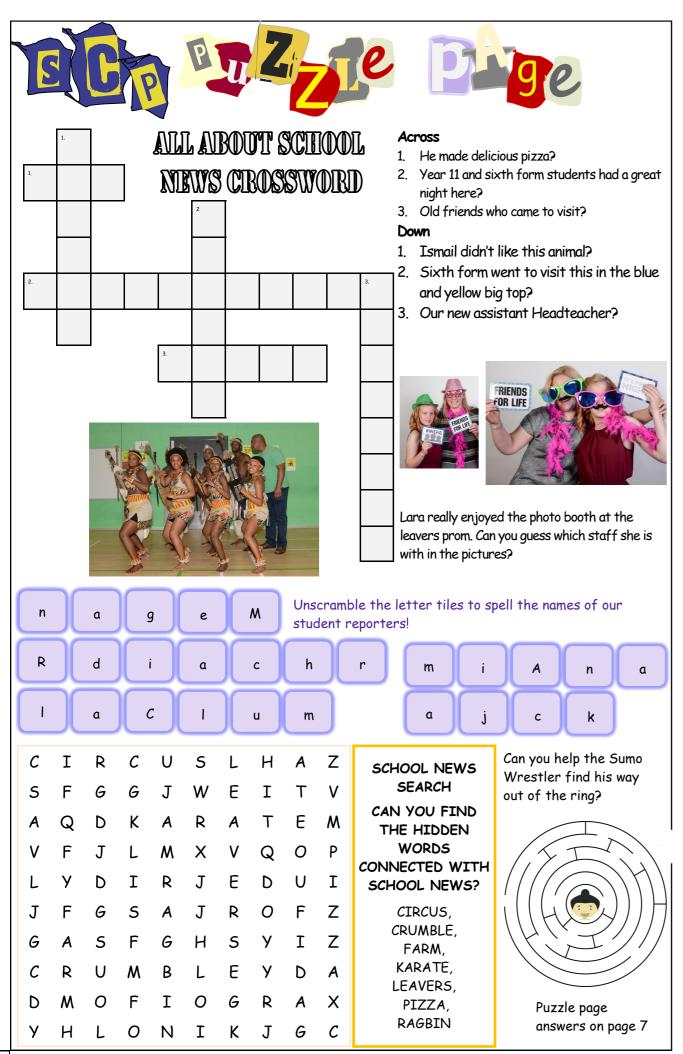
It's hard to believe that we have reached the end of another school year. As always this term has been a busy one with lots of events in school and out. There have been day trips, residentials and picnics in school as well as the coffee morning and leavers events. With all of these exciting activities going on it can be easy to forget the everyday things that go on in school, the maths and English lessons, science experiments, cooking in food technology and life skills, the wonderful artwork students create, the sensory lessons and the swimming and rebound therapy that students take part in.

All of these are important - the 'big' events and the everyday activities and lessons. There is the same thought, planning and preparation behind every lesson and whole school event. As a school we are committed to our ethos of 'Enjoy, Learn and Achieve' and work hard to make sure that all students enjoy their time in school, have the opportunity to learn about what is important for them and to achieve the best possible outcomes. This time of year is a great opportunity to look back and remember the things we have enjoyed together as a whole school - sunshine on sports day! It is a great time to recognise achievements and our learning.

It is also often a time of change and this year is no exception. Ms Warren will be retiring at the end of this term. Ms Warren has been subject leader for English since Sir Charles Parsons opened and before that was head of English at Walkerdene School. She has been a big part of school life for so many years it is hard to think of the school without her. She will be greatly missed by staff and students and I am sure many parents too. I am sure you will join with me in wishing Ms Warren and all the students who are leaving us this year all the very best for their futures and hope that they will come back and share their adventures with us.

I hope everyone has a great summer, and comes back in September refreshed and ready to enjoy, learn and achieve!

Karen Hamilton Headteacher



**Crumble-in-**Let's get cooking a-bag

Our 'Let's get Cooking after school club' have had another busy term making all kinds of healthy, delicious and tasty dishes. We thought we would share this a fun and novel way to make crumble.

### Equipment Ingredients (serves 4) 400g canned friut Tin opener 6 x 15ml spoons wholemeal Large metal spoon flour Ovenproof dish or foil 6 x 15ml spoons plain white container with lid Medium sized zip-sealed bag 15ml measuring spoon Baking tray

flour 6 x 15ml spoons oats 3 x 15ml spoons caster sugar 5 x 15ml spoons unsaturated fat spread





### Method

- 1. Use the tin opener to open the canned fruit.
- 2. Using the metal spoon, spoon the apple into the foil container or ovenproof dish.
- 3. Preheat the oven to 180°C/160°C fan or gas mark 4.
- 4. Open the zip seal bag and fold the top over.
- 5. Measure the wholemeal flour, plain flour and oats into the bag using the 15ml measuring spoon.
- 6. Add the caster to the bag. Zip it shut and gently shake the bag to mix the dry ingredients.
- 7. Reopen the bag and carefully add the spread into the bag. You may need to use the edge of the bag to help you slide the spread off the spoon.
- 8. Squeeze out some of the air and then zip it shut.
- 9. Using the rubbing-in method, use your fingertips to gently rub-in (not squeeze) the ingredients together until small lumps appear .
- 10. Unzip the bag and pour the crumble carefully over the fruit.
- 11. Place the dish on a baking tray and bake for 25-30 minutes or until the crumble topping is golden brown.

- Justin 11CA

eavers' Prom

On Friday the 14th July we had our 'Leavers Prom' at the County Hotel. The hotel is in Newcastle city centre right opposite Central Station. When we first

walked in there was a red carpet for us to enter to. Then we went up the big staircase to the first floor into the 'Mozart Suite' where our prom was. The room was really big, there was lots of round tables with chairs round them. The tables were decorated with crystals and gold and silver party poppers. There was a disco with lots

Photo booth with Farris!



of good music to get us up dancing. My favourite song that they played was Uptown Funk by Mark Ronson. The song that got us all on the dancefloor was Justin

Timberlake, Can't Stop the Feeling. We also had some professional photos taken and a photo booth which was really fun.

We had a buffet halfway through the evening which was hotdog and chips, and then we had an award presentation. Everyone got a medal with a special achievement from their time at Sir Charles Parsons. Mine was for being the friendliest host.

At the end of the night everyone was up dancing to different songs, until about 10.15pm when people started to leave. I thought the night was really amazing. I think it went very well and I loved having our prom in such a special place.

