Mealtime Activity Signs

more	finished	like
		Pat chest gently
don't like	good	bad
Pat chest gently Pat chest		
big	little	hard
		Press thumb into palm
soft		
One tap		

knife	fork	spoon
Use both fingers of each hand - mime cutting movement	Slight downwards movement	
cut	help	cup
Emphasise movement	Q Q	
plate		
red	blue	yellow
3		
green	orange	pink

purple	white	brown
7		
black	what	colour
Outward movement		
one	two	three
four	five	
drink	eat	juice
	Tap twice	

water	milk	cereal
toast	jam	butter
	Mime scooping out jam and spreading	Two fingers make spreading movement on palm Repeat
sandwich	cheese	egg
	Show wedge of cheese	
pizza	chips	burger
+		
fish	meat	baked beans
The same		Right hand moves up to sold heap to sold hea

chicken	vegetable	potato
yoghurt		
(R) + O		