



### Disability swim sessions

**Hadrian** park Leisure Centre St Peter's Rd, Wallsend NE28 7LQ have disability swimming sessions every Saturday 5-6 pm. Its £2.40 per child and £3.80 per adult but you get up to 2 carers free. A Changing Places facility is available, along with larger changing rooms . A pool hoist is also available (it is advisable to check the pool hoist is suitable for attendees prior to the session, please contact our reception) (0191) 643 2025. Swimmers with a disability must be accompanied by a carer and two carers can support the attendee free of charge .

**Waves** Leisure Pool The Links, Whitley Bay NE26 1TQ have a disability swim session every Sunday from 1715hrs until 1830hrs (Session doesn't run on the first Sunday of the month.) Same costs as Wallsend. Tel: 0191 643 2600 for further enquiries. Staff have stated that families from outside of North Tyneside will need to buy an Access yearly Card in order to get the discounted prices (Hadrian pool too) so this may happen in the near future. If so and you dont have an Ease card the price may become slightly higher.

**Byker** Pool Hadrian Square, Newcastle upon Tyne NE6 1AL Disability swim session on every week. The pool is secluded and accessible with a hoist if required and also has staggered stairs for easy access. Helpful & qualified staff are on hand at all times to assist. Sessions take place on a Wednesday from 19.30 – 21 00.

**Tel:** 0191 278 8444



