

Sports News



Nyle and Nicola showing some 'attitude!'

We have been very lucky this year in welcoming dance teacher Nicola every week to work with some of our year 9 students. We are all looking forward to the group performing a routine at the Christmas Assembly!

We start by warming up to a Sea Shanty then we dance to 'Eye of the Tiger', Nyle knows all of the words! We dance to 'This is Me' from the Greatest Showman and we practice 'attitude!' Some of the moves we have learned are 'flowing scarf' and **www** Amin, 9B

On a Wednesday afternoon I go over to the hub with Jackie to do dancing. There is a lady who comes in to school called Nicola. Kenzie, Rachel, Declan, Abbie, Damien and Amin also come. We do different songs that we dance to. We start with a warm up song which is 'Wellerman' and then we move on to the songs that we have chosen. We shall have a great time! - Nyle, 9D

'Promoting positive physical and mental health through movement and dance'

ENERGIZE DANCE



For more info contact Nicola 07583 202529 or Jill 07878 539237
Facebook @energizedanceacademy



A special mention to one of our sixth form students, Mohammad. PE teacher, Mr Swann said "I have been really impressed with the progress Mohammed has made in the pool this year. He has worked hard to overcome his fear of the water. He can now enter the water with minimal support and walk across the pool. This has not been easy for Mohammed but he has stuck to the task and always tries his best."

Keeping Fit!

We have been going to the local gym at Hadrian Leisure Centre with Mr Swann as part of our ASDAN course, every Wednesday morning for an hour, over the past 10 weeks. We have been doing this to help our fitness levels and to increase our strength.

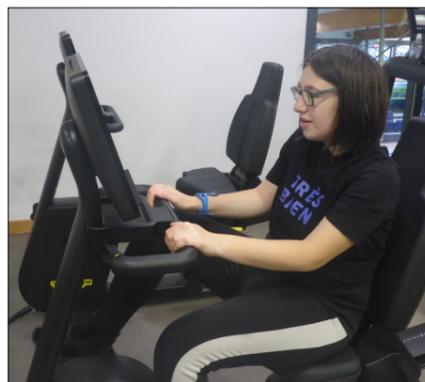
When we first went, we all had to have induction training with the instructor called Chris. The first week we did an induction on all of the cardio machines which are the treadmill, bikes, stepper and cross trainer. We did the weight machine training the week after which included all of the machines to lift weights with our arms and legs. Each Wednesday when we went to the gym, we always started by doing 10 minutes on one cardio machine of our choice,

then we did 10 minutes on a different cardio machine to warm up. After we did our warm up, we got into pairs and did two circuits of the weights machines. To start with we did low weights, but we added more weight on every week to push ourselves! After our weights circuits, we went onto a cardio machine for 10 minutes to do a cool down.

We have really enjoyed getting out into the community and using a local gym, having some independence to use the machines individually and get showered/changed at the gym.

Some of us had never been to a gym before and lots of the machines were new to us, so we have enjoyed learning about each machine and pushing ourselves to do more every week.

Quite a lot of us are now wanting to go to our own local gyms in our free time to keep our fitness levels up and become stronger. We have learned how important it is to keep active and keep our bodies moving to stay happy and healthy! - James and Andrew, Sixth form.



School News



Winter 2022

Contact us on — Tel: 0191 2952280 email: admin@scp.newcastle.sch.uk

VIRTUAL VISIONARIES

Virtual Visionaries immersive video art installation project was led by Beacon Films, which is an award winning production company of disabled and non-disabled, Autistic and neuro divergent filmmakers, based in Newcastle upon Tyne. Beacon films worked with four project partner schools, Sir Charles Parsons was one of them.

They worked with five students from our school, filming the young people taking part in activities they enjoyed and then showing the footage back to them to see what visual cues or audio cues they responded to most positively.

Musician Simon Tarrant worked with the students both as a whole group and individually to create a soundtrack to accompany their visuals.

The filmmakers and musician were guided by school staff whose intimate knowledge of each young person and expertise in interpreting students' responses was crucial to building a genuinely collaborative process.

The result is Virtual Visionaries: an immersive video art experience, which reveals the unique personalities and interests of the young people involved.

The video art installation was shown at the Great North Museum over a two-week period in October and can still be viewed via the link below. The project was a huge success and the feedback from the public was extremely positive. We were delighted to be contacted and asked if we would be interested in our students with profound and multiple learning disabilities taking part in making a film. It was lovely for our students to be able to display their individual personalities through their responses to various activities they were part of. Students were fully involved in the process and showed real enjoyment when participating and watching their films back. The whole project shows us that children and young adults with Profound and multiple learning difficulties and complex needs can be part of the wider world taking part in new cultural experiences and adventures.

xxxx



<https://www.youtube.com/watch?v=9jvohmXsPcw>



Emma, 10W, TJ, 10B and Chris, 10C head off to town!

Every Wednesday morning there is an independent travel programme that runs in school. Each week different people get to go out with Gary who works at our school. Gary organised us all getting a bus pass before we started the programme.

We all have to remember to bring our bus pass when it's our turn and some money so we can go to the shop and practise life skills.

We walk to Welbeck Road from the school and get the bus. The road can be very busy so we look both ways to make sure it's safe to cross. We get either the 39 or 40 bus which takes us into town. The bus stops right next to Eldon Square where we get off and head to Poundland next to the Grainger Market first of all. I like to get a big bag of Doritos and a bottle of Pepsi Max from Poundland which costs £2.

After we have been to Poundland we go to different shops. We sometimes go to Lush. I thought it was a girls shop because there was some pink things in but it's not just for girls. There are loads of bath bombs in there and they all smell really nice. One of them smelled of lemon and lime, and we were allowed to put our hands in the water with the bath bomb.

When we have finished our shopping we walk to New Bridge Street to get the bus back to school. We usually get back to school about 12 so we head to the learning lodges to have a drink and a biscuit, then we go back to our lesson for the last two minutes to show everyone what we've bought. I love it when it's my turn to go out because I love to go on the bus. I usually sit at the back with my friends and Gary sits a little bit further forward so we can have some independence. But sometimes I sit right at the front, sitting at the front means you get the best view of the city to watch the route the bus goes.

- TJ, 10B

Sir Charles
Parsons
School





Latest News from The Friends of Sir Charles Parsons School

We have been working hard this term in our fundraising efforts for The Friends of... Our 100+ Club started a new year in October with 94 members buying numbers, this has raised £564 with £564 being allocated for the monthly draws.



Luke, 6G

We were really pleased to be able to hold our first evening of entertainment in school in recent years with our Spooky Halloween Fancy Dress Disco! The disco was well attended by our students, their friends and family and school staff. As well as a night of dancing, guests had the chance to have a go at 'Play Your Cards Right', 'Spooky Tombola' and 'Ghost Busters.'



Lucy, 11G with her Dad

A fantastic night was had by all and alongside all of the fun and games, this event raised £856!

On Thursday 15th December, we held our Christmas Fayre. The

event was as popular as ever and it was lovely to see so many parents, carers, past students and friends of our school come along. A special thankyou to the parents and grandparents who volunteered to help out on the day and for preparing games and prizes before hand. At the latest count-up the fayre has raised over £3000!

This money will go towards our current initiative which is to install a cycle shelter and workshop on our newly inbuilt bike and trike track.

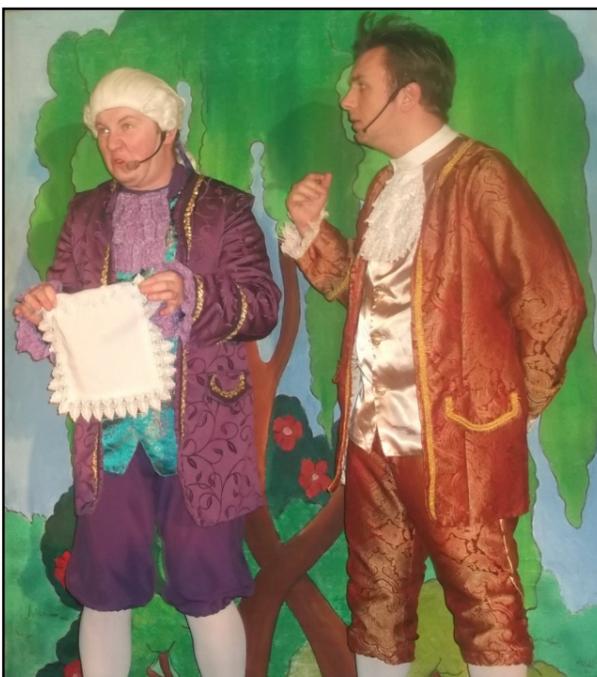


A Huge Thankyou to all of our Volunteers

Cinderella



We were very lucky because a pantomime company came in to school. The charity 'Happy Days Children's Charity' funded 'M&M Productions' to come into our school. They did the pantomime of Cinderella and I loved it. I couldn't stop singing, and that was ALLLL the way through. A lot of the songs that were in it were pop songs but the words had been changed to make it fit in with the story. In the story there was a girl who had lost her father, she was Cinderella. She didn't have much money and the story describes her turning into the prince's wife and becoming rich. Even when she turns rich she was still the nice person that she was before. We were sitting right at the front so we had a really good view. The prince's servant was really funny because he pushed the wicked step sister into a bush which was basically just karma. The costumes were really fancy and at the end I got to talk to the prince. I told him I thought it was fantastic and he said thank you for being polite. - Emma, 10W



Animation



Above - Mohammad, Paul and Ava work together creating a scene before filming using the Ipad

'Dobbie the House Elf' made by Mcarahlee using modelling clay, plastercine and 'googly eyes'



Some 6th form students have been learning about Animation during Vocational lessons. They worked in groups to create a film named 'The Magic Glasses.' "Learning about animation was really interesting. We made a model out of tin foil and watched different types of animations. We also learned about characters like Wallace and Gromit and also the different jobs that people do when they make an animation. We made up a story about a boy who put on magic glasses that make things come to life when you put the glasses on and made our own animation on the iPad." - Mcarahlee, 6M "We have been making our own claymation. We made models first. I was an animator, which meant I had to move the models a tiny bit and then take a photo. When we had lots of photos, the model looked like it was moving by itself. It was lots of fun." - Paul, 6C



Year 7 organised a Christmas Jumper drawing competition recently. There were lots of entries but only one winner... Well Done to Maria from 7N for her winning design!

Christmas Party

Everybody in year 7 were invited to a big Christmas party at St. Mary's School. When we got there we sat down in a circle and played 'Pass the Parcel'. I won a stuffed animal who I have named 'Super'. Rosie won a panda. We had some delicious party food and then we had sing - a - long and a dance. I had a happy time! - Yaqub, 7W

'Happy times' singing and dancing at the party

St. Mary's 6th form student, Lucy said "St Mary's do the party for Sir Charles Parson as we want to do something for others and spread some love and joy at Christmas time because everyone needs it."

Pass the Parcel



Puzzle answers

12 4 3 5

Horticulture On Thursday afternoons we meet in the purple corridor where we get ready for Horticulture. We have to wear wellies, coats and gardening gloves to do our session safely. We have a great time being outside doing our learning. In our first lesson we tidied the shed and greenhouse ready for us to use. We also got to know the tools and how to use them safely. In our other sessions we have cut back the pond area, cleared the dead plants, chopped down some bushes to make space for more planting beds and learned about the animals we might see in the garden. We have also dug over the raised beds, used fertiliser to prepare the ground for growing and planted red onions, garlic and spring cabbage. We have lots of great new jobs to try during our horticulture sessions. Some of the things we are looking forward to are pressure washing the garden paths, growing lots of vegetables and plants, and making things with the produce from the garden.

"I really enjoying planting plants in the raised beds" - Josh R, 9D
 "I really enjoy the freedom of the garden"- Sebastian, 9B
 "I loved ripping out the roots with my hands" (removing the old hedge) - Declan, 9D

Declan, 9D, thoroughly enjoyed pruning back trees and bushes around the pond



Damian, 9B, was very pleased when he got to pressure-wash the garden paths, making sure he wore the correct clothing and equipment



Freddie, 9H, using fertiliser to fertilise the raised beds ready for planting onions and garlic

Community Leisure



Ethan, 6A, Shooting Hoops!

This term, students from 6A have accessed basketball coaching from Newcastle Eagles as part of their PE lessons. The purpose was to develop their skills in basketball but also to provide experiences of accessing leisure facilities and opportunities within the local and wider community.

Tracy asked the students what they thought about it? Why were you going to the Newcastle Eagles?

Holly: We have been going to the Eagles to access community leisure and learn new skills.

What did you learn?

Demi: We have been learning about basketball skills. We learnt about tactics and teamwork and the rules about basketball.

Magda: We learnt new team games and we worked in pairs, playing basketball games.

What did you enjoy about going to the Eagles.

Demi: I enjoyed working with my friends and doing games.

Magda: I loved playing the games and the staff were funny.

Holly: Anthony was really funny and made everyone laugh by telling jokes. Would you like to go again.

Demi: I would recommend it to my friends to go but I would like to see what else is in the community to do.

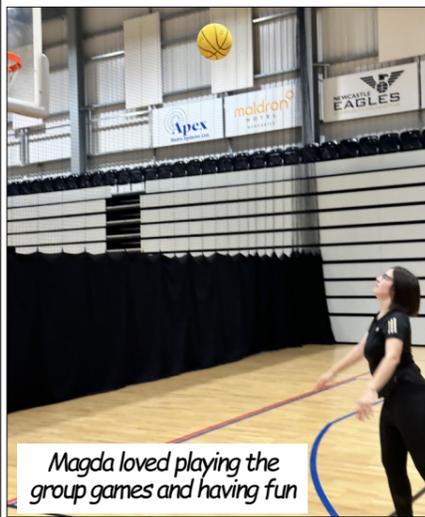
Holly: Yes I would love to go back to the Eagles because I really enjoyed it.

Magda: Yes, I

enjoyed going there and playing games.

Holly: I really enjoyed being in the same building that the Newcastle Eagles play and train in. The baskets are really high. On the last day, the students received a medal and Mr Swann took pictures.

Magda loved playing the group games and having fun



Magda loved playing the group games and having fun

enjoyed going there and playing games. Holly: I really enjoyed being in the same building that the Newcastle Eagles play and train in. The baskets are really high. On the last day, the students received a medal and Mr Swann took pictures.



As part of Art Award some year 11 students have taken part in a workshop where they used recycled materials to make objects. The students learned how to use different pieces of equipment.

In our Art Award we have been to visit Flow which is in North Shields on the Fish Quay next to the boats.

We have had a group project to do which is making a table and chair.

When we first went the people at Flow, Claire and Mark, said to us you're going to make a chair like this and they showed us one that they had made.

After that we had to start preparing the material, so we had to get wood and cut it into the correct size pieces with a hacksaw. We also had to get screws and make sure they were the correct size to go through the wood. Before we screwed the wood together we had to use sandpaper on it to make sure it was smooth and not rough...we definitely wouldn't want splinters where someone would be sitting.

The table and chair are now all put together. We are going back in January to decorate them. Some of us have started doing designs, we thought about trying to put everyone's name on the chair to show who made it.

We've also started putting Lego pieces together in a frame in a pattern. We're planning to add that to the chair as well to make it look colourful.

We've really enjoyed going and being somewhere different. It's been a really good project to work together on with old friends and the juice and biscuits are also a bit of a treat after a full days work! - Rene and Mason, 11G



Year 11 Art Award students enjoyed working alongside young people from Flow which is based in the Old Low Lights at North Shields Fish Quay

Rene 11G, Jake 11W and Yamin 11K making sure the chair has no rough edges

Letter from the Head



Dear Parents and Carers,

It's that time of the year again! Christmas is in full swing and everyone across the school is appreciating the chance to come together after two years of 'virtual' celebrations. Technology is wonderful and being able to stay connected was so important during the past two years, but it has been lovely to have everyone physically in the hall this year to sing together, dance together - and spend money together at the Christmas fayre!

Throughout this term staff and students across the school have been re-engaging with activities and organisations that had to be paused because of infection control measures over the past two years. Students have been able to access community activities, working with organisations such as Flow and Hadrian Leisure and developing independence skills through travel training and community shopping trips.

We have been able to open our doors again to visitors, such as Beacon Films, Nicola the dance teacher and Newcastle Eagles. All of these people have been able to add an extra dimension to the learning and experiences available to the students and support the richness and diversity of the curriculum.

Students are able to mix across classes and year groups, opening up the curriculum for many students through increased personalised learning opportunities. The 6th form have been able to open 'Charlie's Café' to staff and visitors - Wednesday's are becoming a very busy day in school - everyone wants to visit when the café is open! Look out for the launch event.

Students have been out of school on educational visits, carol singing and attending events at other schools and at the Civic Centre.

It is wonderful to be able to showcase our student's great achievements at these events and lovely to see the pride and enjoyment the students gain from being able to participate in such a range of activities and experiences.

Many of these great experiences wouldn't be possible without the support we get from parents, carers, volunteers, staff and the charities who link with us. Thank you to all of you for your continued support for our wonderful young people.

Merry Christmas everyone, and lets look forward to being able to continue all these great experiences in January when we are back at school to enjoy, learn and achieve together!

Karen Hamilton

Charlie's Cafe

Students in Sir Charles Parsons Sixth Form have been busy this term moving forward with their café enterprise. They have continued to prepare and cook lunch each Wednesday in the form of pasta pots, jacket potatoes, sandwiches, soup and paninis, for staff who place orders as well as developing money skills when



working out costs and making up change. In recent weeks, they have begun to plan and run a weekly 'pop-up' café, for staff and visitors to come along to. This has meant learning how to prepare new dishes such as sausage rolls, scones and quiche, as well as cake. So far we have received some very positive feedback and the students are planning

a 'launch party' early in the new year.

"Wednesdays are our favourite day of the week because we work in the café. We start off by working out what staff have ordered for their lunch and seeing how many of each dish needs to be made. We usually prepare the sandwich and jacket potato fillings. Once these orders are ready to go we set up the classroom next door in Learning Lodge 1. We put on the chair covers and set the tables just like any other café. We fill the boiler with water ready to make tea and coffee and put out the scones and cakes and stuff on display so that our customers can see them. Josh and Andrew work out the bill for the customers while Emma, Robbie and Katie usually start off taking the orders but we will all practice each job in the new term so that can all do everything. So far we've welcomed staff who are on their break, some staff who have retired and visitors to the school from the local authority.

In the new year we are hoping to invite visitors from the local community as well as other people who are involved in our school." Talia, 6G

Emma 6C, (above) Libby 6M and Talia 6G(right) pictured serving our first customers at our new Pop-up Charlie's Café



Newcastle Sings! Charlie, Yaqub, Zara, Noura, Maria, James, Lillie, Kaitlin & Barry

The Laing Art Gallery and Newcastle City Library welcomed some of our year 7 and 8 students as part of the 'Newcastle Sings' celebrations for Christmas. Both groups did really well and were a pleasure to be with. Special mention to Zara and Jake from Miss Bowkett's class who stepped in at the last minute to support year 7 when some others were unable to attend due to ill health. They were great ambassadors for the school, signed beautifully, sang their hearts out, and spoke to the organisers of the event with great maturity and confidence. What stars! The year 7s also did very well as this was their first outing as singers and signers for Sir Charles Parsons!

SEAL (Social, Emotional, Aspects of Learning)

Social and emotional learning is all about developing young people's social and emotional skills within educational settings, alongside their academic skills. This can include developing young people's relationships, communication, decision-making, self-esteem and behaviour.

Some students in years 7, 8 and 9 have been working together during SEAL sessions. The students in this group came up with group rules, a name and suggestions of what activities they might like to do each week. Lillie, from 7N said "I like going to 'The Lovely Girls' group because it's very good. We play games that are fun like 'The Sun Shines On' and we get to know each other better. We cook and make things like friendship cookies. We painted our hands and made handprint art. I like going because it's amazing to meet girls different year groups. I get to hang out with different ages that are all girls."

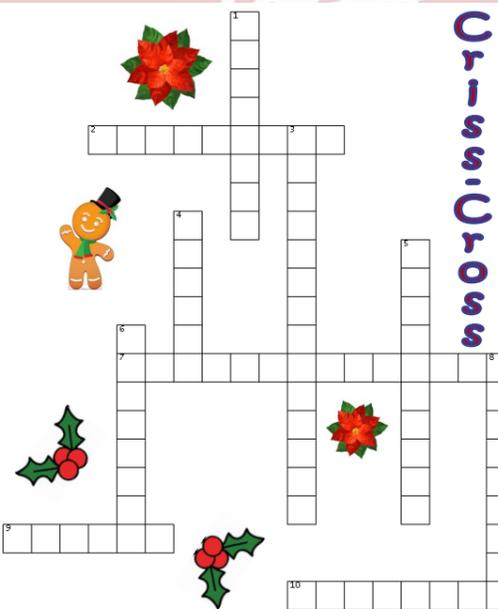
Evie, from 9B said "I like going along to my SEAL sessions. It's good to work with new friends and having a choice on what we will be doing each week. One game we play at the start is where you have to get in order of height or something without speaking."



'The Lovely Girls', Abbie, Lillie, Souza, Evie and Zara - Kaitlin and Kayla are also part of this SEAL group

SCPS KIDS ZONE

Winter News



ACROSS

- TJ likes to get his Doritos here
- One of our SEAL groups?
- Well Done to Maria from 7N for designing the winning Christmas ..?
- Paul was this in his film making work?

DOWN

- The name of sixth forms new enterprise?
- Students in year 7 and 8 took part in this Celebration?
- They lady the Art Award students worked with at Flow?
- Freddie used this to fertilise the raised beds ready for planting onions and garlic?
- Nyle showed some of this in his dance sessions?
- Rene and Mason had to use this on some wood to make sure it was smooth and not rough?

Z L V J I N L U A P Z X Q M W
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Y B V C C I J N O T X P X J P

Find the names of our news reporters in the puzzle:

Andrew, Brenden, Declan, Emma, James, Josh, Lillie, Mason, Nyle, Paul, Rene, Talia, TJ, Zara

Words can go in any direction.

Words can share letters as they cross over each other

Brendens Christmas Crackers!

- Where would you find a snowman dancing?
At a snowball!
- Which one of Santa's reindeer has the best moves?
Dancer!
- What do Elves learn at school?
The Elf-a-bet
- What did one cranberry say to another at Christmas?
'Tis the season to be jelly!
- Why doesn't Santa eat junk food?
Because it's bad for your elf!
- What's every elf's favorite type of music?
Wrap!
- What do you call a penguin in the dessert?
Lost!
- Where does Santa stay when he goes on any holiday?
At the ho-ho-ho-

Christmas Colour and Count

